



@Human Appeal

# PHF QUARTERLY NEWSLETTER

January – April 2024

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**PHF**  
Pakistan Humanitarian Forum



# ABOUT PHF



Pakistan Humanitarian Forum was established as an independent forum in 2003, to represent, facilitate and support humanitarian assistance and long-term development programme initiatives of its member working in Pakistan. PHF envisions a society where all communities have access to effective assistance and services through strengthened collaboration between the government, national civil society, and the international community. PHF is a coordination forum of 44 International Non-Governmental Organizations (INGOs) working in Pakistan, serving as a central collection point for relevant emerging information through connection with broad sector of humanitarian community and standing seat at UN and government coordination at the national and provincial levels.

## PHF Member Organizations:

PHF has a membership of 44 INGOs working to deliver humanitarian assistance and long-term development programmes in Pakistan. PHF members work in areas of health, poverty reduction, education, water, sanitation & hygiene, agriculture, food and shelter, climate change and disaster risk reduction/management across Pakistan.





Since 2005, ACTED has been a committed PHF partner dedicated to supporting the most vulnerable and disaster-prone communities across the country, working towards a 3ZERO Pakistan (Zero Exclusion, Zero Carbon and Zero Poverty) through the implementation of both emergency relief and longer-term recovery and development initiatives.



**Beneficiaries**  
**6,015**

With the financial support of BHA and ECHO, ACTED responded to the most pressing needs faced by vulnerable flood-affected households across 13 disaster-hit districts of Sindh and Balochistan while paving the way to sustainable recovery, respectively reaching over 5,420 and 6,015 households through multisectoral assistance (including, FSL, WASH, Shelter, Education, and MPCA). In partnership with ECW, ACTED also provided access to quality and safe education to over 51,900 flood-affected out-of-school children across KPK, Balochistan and Sindh provinces. In collaboration with CDCS, Acted implemented an integrated response focusing on education, protection, WASH, and livelihood restoration benefiting over 33,000 affected individuals.





## SUCCESS STORIES

'In village Bhatti Muhalla, Balochistan, Tahira, a dedicated university graduate was recruited as an auxiliary teacher through ACTED's initiative, funded by CDCS. She addressed the challenge of low girls' education rates with dedication. She led community engagement to promote girls' education and introduced play-based activities for student engagement. As a result, despite the significant cultural constraints faced, Tahira's commitment to promoting girls' education led to the enrollment of 177 girls. This represented an increase in girls' attendance and reflected a real shift in the community's perspective on girls' education. Tahira's dedication transformed her village's educational landscape, fostering a brighter future for its girls.





Action Against Hunger during the reporting period through funding of Disaster Emergency Committee and French Embassy provided assistance to 455,394 individuals in Sindh (Khairpur & Qambar Shahdadt) & Balochistan (Jaffarabad & Sohbatpur) through integrated health, nutrition, food security and livelihoods interventions.



**Beneficiaries**

**455,394**

The project interventions included distribution of wheat seed and fertilizer to 1200 HHs, AAPA tools to 280 households, 11,814 Poultry birds to 1521 HHs and initiated capacity-building sessions, including poultry management targeting 1048 individuals including 978 women and 70 men. In addition, health and nutrition interventions trained 3,080 individuals, on using the Mid Upper Arm Circumference (MUAC) technique for early malnutrition detection. Moreover, 2,289 pregnant and lactating women were provided with Iron and Folic Acid supplements, addressing key nutritional deficits. Furthermore, Mobile Outpatient Therapeutic Programs (OTPs) played a critical role, providing lifesaving assistance to 2,555 malnourished children aged 0-59 months through the provision of screening and treatment services.





**'Muhammad Idrees s/o Ghulam Qadir:**

26 months-old boy residing in village Wadhal Khushk UC Karira District Qamber Shahdadkot, Sindh presented with severe acute malnutrition (SAM), and visible wasting. His parents reported history of poor appetite, frequent illness, and limited access to nutritious food due to economic constraints. Upon admission to the Nutritional Health Services Programme through Mobile OTP. Idrees underwent a comprehensive assessment, and was diagnosed with SAM, including electrolyte imbalances and compromised immune function.



The treatment plan included feeding with ready-to-use therapeutic food (RUTF), antibiotics to address concurrent infections, and supportive care to manage complications. Moreover, regular counseling sessions were provided to his family, emphasizing the importance of hygiene practices, and early detection of health issues.

Over the course of his treatment, Idrees demonstrated gradual improvement in his nutritional status, with a steady increase in weight, and enhanced appetite. Additionally, his overall health and immunity improved, leading to a reduction in the frequency and severity of infections.





**ACTION FOR HUMANITY WOMEN'S EMPOWERMENT PROJECT**  
**BAHAWLAPUR, PUNJAB, PAKISTAN**



Action For Humanity (AFH) Pakistan has effectively implemented a women's economic empowerment project in District Bahawalpur, comprising two key components. Firstly, kitchen gardening initiatives have been established, providing 200 females with essential resources including eight varieties of crop seeds and gardening sets. Secondly, poultry farming has been initiated, with each of the 600 females receiving 15 hens and 3 roosters per individual.





In total, 800 households, encompassing 5,600 individuals, have benefited from this project. Comprehensive training sessions on both kitchen gardening and poultry farming were conducted in collaboration with the Livestock and Agricultural Department, enhancing participants' skills and knowledge in these areas.



As a result of this intervention, individuals have experienced significant financial stability and economic empowerment, with reported monthly incomes ranging from PKR 3,000 to PKR 4,000.

This project stands as a testament to AFH Pakistan's commitment to fostering sustainable livelihoods and empowering women in the region contributing to SDG1, 2 and 5





**1. AKAH Pakistan organized an art and advocacy exhibition titled 'Sculpted Whispers: Echoes of a Melting world to draw attention to the urgent and existential issue of rapidly melting glaciers and climate change.'**

On 02 October, the Aga Khan Agency for Habitat Pakistan (AKAHP) and the United The Aga Khan Agency for Habitat (AKAH) Pakistan, in partnership with the Gilgit Baltistan government and local artists, hosted an art exhibition titled 'Sculpted Whispers: Echoes of a Melting World' to highlight the urgent issue of melting glaciers and climate change. Five artists created sculptures and calligraphy from natural materials to illustrate the impact of human actions on the environment. The event, supported by AKAH's Community Emergency Response Team, engaged the community and raised awareness, attracting diverse attendees and inspiring conversations about sustainability and climate action.



**2. Water and Boat Training for Search And Rescue Teams:**

AKAH Pakistan, in collaboration with Marina Sea Craft, Muslim Hands, Pakistan Red Crescent, and Sindh Emergency Service Rescue 1122, conducted a Water and Boat Rescue activity for 57 rescuers on February 17-18, 2024, in Karachi. The training covered rescue techniques, boat handling, safety maneuvers, and emergency response. Dr. Kanwar Waseem, Provincial Secretary of Pakistan Red Crescent, was the chief guest at the certificate ceremony, attended by other notable guests. AKAH Pakistan announced the acquisition of three boats to enhance rescue capacity in coastal regions.







### 3. EXPEDITION DE H2O

On March 22, AKAH Pakistan joined the global community in celebrating World Water Day under the theme "Water for Peace." Teaming up with Ismaili Civic, AKAH Pakistan hosted an engaging event titled "EXPEDITION DE H2O – Nurturing Water Ambassadors." This event convened 65 young volunteers from the local community, providing them a platform to become advocates for water conservation and management. The participants, comprising both boys and girls, visited a community-level water supply scheme in Zulfikarabad, Gilgit. Here, they gained firsthand insights into AKAH's efforts in ensuring safe drinking water access and witnessed its tangible outcomes. Through interactive activities and discussions, the event emphasized the importance of water conservation and highlighted the pivotal role of youth in advocating for sustainable water management practices. This collaboration between AKAH Pakistan and Ismaili Civic underscored the necessity of collective efforts in safeguarding the world's limited water resources and ensuring access to safe drinking water for all.



### 4. Chitral - Building Synergies to effectively respond to Disasters

AKAHP is closely coordinating with the Chitral district administration to manage the prevailing emergency resulting from heavy rains and floods. On April 19 and 25, 2025, AKAHP handed over temporary shelters to the District Commissioners to reinforce response efforts in different parts of Chitral. These NFIs include 60 tents provided to the local authorities of Lower and Upper Chitral in a ceremony held at Booni. The ceremony had representation from the Regional Councils, Chitral Press Club, and community organizations.





Pakistan's poor health system disproportionately affects the underprivileged. District Mansehra was struck by recent floods in 2022, resulting in the damage of all health facilities. Prior to this natural disaster, operational healthcare facilities were non-existent. After conducting a survey in Reerh Gala Village, District Mansehra and recognizing the health challenges, Alight took a proactive approach and initiated a Quality Primary Health Care project in collaboration with Doctors Worldwide and Shine Humanity. The location was chosen due to its large underserved population and the provision of existing infrastructure by "The Doctors Worldwide." The initiative is providing a spectrum of services, including diagnostics, emergency care, dental procedures, deliveries, and surgeries and serve as a pilot for a Universal Health Coverage (UHC) model. We are treating 1000 patients every month through this facility.



**Patients**  
**1000/month**



Through this initiative, we aim to bridge primary health system gaps, with the potential for replicability and scaling up nationwide. This initiative aligned with SDG 3 and health indicators, ensuring affordable primary healthcare for the people of Mansehra district. The success of this pilot could lead to nationwide implementation, benefiting millions, offering them access to essential healthcare.

The collaborative effort aims not only to provide essential healthcare services but also to address the need for staff training and awareness. For this purpose, Alight is also partnering with Shifa Tameer Millat University to establish and enhance Quality Primary Health Care (QPHC) facility. This facility will serve a dual purpose – delivering integrated QPHC services to the community and providing valuable education and training opportunities for medical students.



## Care Pakistan Humanitarian Response Highlights:

CARE Pakistan aided 177,832 project participants from January to March 2024, focusing on flood-affected communities in Sindh and Balochistan. They distributed essential kits and seeds, cash grants, and conducted nutrition and disaster risk reduction sessions. Over 52,000 children were screened for malnutrition, with treatments provided, and pregnant/lactating women received supplements. Additionally, they constructed water courses and conducted a Youth Led Advocacy Campaign.



**Participants**

**177,832**

## Care Pakistan Development Response Highlights:

### “She Feeds the World – (SFtW)” Project

A total of 99 Community Resource Persons (CRPs) were registered for SFtW activities. A 3-day Training of Trainers was held, with 64 CRPs participating, including 15 women and 49 men. A comprehensive 3-day training on Farmer Field Business School (FFBS) involved 116 CRPs, with 30 women and 86 men. This led to the formation of 77 FFBS groups, with 1,492 farmers (744 women, 748 men). 135 demonstration plots for maize cultivation were established after selecting lead farmers.



### Improving Equitable Access and Quality of Education for Afghan Refugees and Vulnerable Host Communities in Pakistan:

16 Adult Learning Centers (ALCs) were established, 9 in Chaghi and 7 in Loralai districts. A Parent Teacher School Management Committee (PTSMC) training session involving three girls' schools' PTCs was held in Kohat district.



### (WAQAR) Livelihoods and Integrated Health and WASH Service Strengthening and Support for Displaced Populations in Afghanistan and Pakistan.

In district Kohat, 69 hygiene sessions and 54 water treatment sessions were conducted at the community level. Additionally, 150 beneficiaries received vocational skills training across various trades. 250 beneficiaries were provided with poultry kits, each including 25 birds (23 female + 2 male), poultry cage, drinker, bird feeder, and feed. Livestock management skills training was given to 183 beneficiaries. In district Pishin, goat packages comprising two female goats and 10kg of animal feed were distributed to 183 trained beneficiaries. Moreover, 250 beneficiaries underwent kitchen gardening training.







## Pheto's recovery from Malnutrition :

Pheto, a 15-month-old from Haji Manthar Taheem village, Matiari district, Sindh, faced severe acute malnutrition (SAM) in dire socioeconomic conditions. His former parents struggled to support their family of five on less than 15,000 PKR monthly. The 'Food Security, Livelihood Support, and Access to Nutrition for Flood Affected Population' program, backed by the Australian Government and implemented by CARE and Shifa Foundation, intervened.

On October 20, 2023, Pheto's health journey began when identified as a non-complicated SAM case with a mid-upper arm circumference (MUAC) of 9.5 cm. His family's financial struggles exacerbated malnutrition, worsened by unsanitary living conditions. Under the program, Pheto's parents received education on incorporating ready-to-use therapeutic food (RUTF) into his diet, with detailed instructions on its nutritional benefits and usage.

Monthly follow-ups showed progress, but Pheto remained within the SAM criteria, prompting intensified counseling on complementary feeding. Through sustained efforts, including RUTF utilization and dietary diversity, Pheto's health improved within three months, with his MUAC reaching 11.7 cm, signaling recovery.

Empowered with knowledge from the program, Pheto's mother actively engaged in her child's nutrition and health. Ongoing education sessions cover topics like Community Management of Acute Malnutrition (CMAM) and Infant and Young Child Feeding (IYCF), emphasizing balanced diets and accessing healthcare services.

Community support, including Village Development Committee (VDC) involvement and trained focal persons, ensures sustained progress for SAM children like Pheto, even in emergencies or health deteriorations.





CRS PAKISTAN signed a Letter of Understanding (LOU) with the School Education and Literacy Department (SELD), Government of Sindh on April 25th, 2024. CRS Regional Director Mr. Hani-El Mahdi was also present during this signing ceremony. This collaboration marks a significant milestone in the collective efforts to enhance and improve inclusive and sustained access to quality education for all children, including out-of-school and marginalized children, especially girls and children with disabilities.



In Sindh, women are pivotal in house reconstruction efforts, engaging in tasks like cash management and construction oversight. Recognizing their importance, Catholic Relief Services organized a one-day pilot training for women construction supervisors in Deh Kamangar, UC Qazi Arif District Dadu. 18 women participated, gaining leadership skills and receiving orientation on various activities. These trained women will serve as "Community Volunteers" for three months, receiving stipends. The initiative aims to expand to other flood-affected areas, sharing training materials for wider adoption.



CRS in collaboration with SPHF, and SHRRP conducted a two-day pilot mason training in Deh Kamangar District Dadu, focusing on DRR for flood-resilient houses reconstruction. The program equipped 26 local masons with advanced skills, covering practical techniques, safety measures, green materials, and theoretical insights. To enhance effectiveness, suggestions include hands-on training in active reconstruction areas, emphasizing visual aids, balancing theoretical and practical sessions, providing IEC Mason Handbooks in the local language, including tools demonstrations, and setting a minimum 2-day duration for comprehensive learning.



## 'Building Home with Resilience

Muhammad Nawaz is a resident of Mirzo Khoso, Deh Kamangar Union Council, Qazi Arif Mehar-Dadu. Post-flood 2022, Muhammad was partially displaced for two months, living in tents. Struggling with health issues like arthritis and fever, Muhammad Nawaz's earnings were stretched thin to support his family and to educate his kids.



The construction of their new home faced a setback due to a lack of bricks, hampering progress. CRS intervened, working alongside the Village Reconstruction Committee (VRC) to overcome this hurdle. Together, they mobilized the community, generating a remarkable display of solidarity, with over 3,000 bricks and 8,000 PKR donated swiftly by other households. This collective effort restores Muhammad Nawaz's hope, enabling him to resume building his safe haven. Muhammad Nawaz's family finds solace in their new home, a testament to resilience and community support, reflecting on their journey from hardship to stability.



- CESVI is executing the BRAVE project in Charsada, KPK, generously funded by UKAID. This initiative has led to significant advancements in community resilience and climate adaptation. Notably, the project established 72 Village Climate Adaptation Forums (VCAFs) and 10 Union Council level Adaptation Forums (UCAFs), significantly boosting community support and enhancing stakeholder engagement.
- A comprehensive Community-Based Climate Risk & Vulnerability Assessment (CCRVA) was conducted across all 72 villages, engaging over 5,500 participants. This assessment played a crucial role in deepening local understanding of climate risks and fostering effective adaptation strategies. Additionally, a district-level Knowledge Hub was formed, consisting of 13 representatives from relevant line departments and stakeholders. This hub has been instrumental in providing the technical inputs required to establish 216 fruit orchards in the 10 Union Councils, promoting livelihood diversification and enhancing climate resilience.
- The project has also supported 4,320 women in establishing homestead vegetable gardens and equipped 217 farmers with climate-smart packages to improve farm resilience. In a strategic collaboration with the Charsadda District Forest Department, 8,260 trees were planted, contributing to the creation of a 26 Kanal Miyawaki Forest. Furthermore, 72 communal schemes for irrigation channel rehabilitation have been initiated, with construction set to commence shortly. Lastly, a skill training institute has been designated to train 760 beneficiaries by the end of May, aimed at boosting local capacities and economic opportunities.
- CESVI in collaboration with ECHO is at the forefront of implementing a Disaster Risk Reduction (DRR)-focused development project in Sindh, Pakistan, which has successfully achieved significant milestones in bolstering disaster preparedness and response capabilities. This comprehensive initiative encompasses a series of strategic activities, each designed to enhance the regional resilience and readiness against natural disasters.



## ACHIEVEMENTS

Notable achievements of the project include conducting a critical Workshop on Early Warning Systems aimed at optimizing existing mechanisms, an Advocacy Seminar promoting proactive anticipatory actions, and targeted Consultations to refine and solidify action triggers and protocols. Additionally, the project featured an Orientation Workshop that equipped relevant stakeholders with essential knowledge on Early Action Protocols and a widespread Disaster Awareness Campaign that raised public consciousness and preparedness. These initiatives were complemented by hands-on simulation exercises, further ingraining the practical skills and responses needed during actual disaster events. Collectively, these efforts have significantly advanced the disaster management framework in Sindh, setting a robust foundation for ongoing and future resilience measures.





### Tarawanti's Story:

Tarawanti, the wife of Naroo, is a mother of three daughters and today runs a small grocery shop in her Village Amir Hassan Qaimkhani, District Mirpur Khas, Sindh.

This small shop provides a sustainable source of dignified income for the family and is an integral part of their community and village. The floods had left Tarawanti, in dire circumstances with her home badly damaged and her husband's vegetable sale business permanently closed. Life was hard, but the family did not lose hope. Cesvi Pakistan came to their village and identified Tarawanti as a worthy recipient of MPCA and shelter rehabilitation kits with the funding of the ECHO. This small assistance empowered Tarawanti and Naroo to rebuild their damaged home and invest the cash grant amount in setting up a steady source of income. The family jointly runs this small shop providing essentials to their village with a renewed hope for a better future.





SUCCESS  
STORIES

Driving Change

Journey towards Community Development through WASH Initiatives:

In the heart of Union Council 09, village Tibba Miani Samma Satta, from district Bahawalpur, a remarkable transformation unfolded through the unwavering commitment of Muhammad Imran Attari, a 32-year-old professional driver. Observing dire hygienic conditions and alarming water quality issues in his locality, Imran felt compelled to make a difference.





His journey of change began when he embraced the role of a facilitator for community development, actively engaging in the Village WASH Committee. The catalyst for Imran's impactful journey was the initiation of the Village WASH Committee by Mashal Development Organization (MDO). This critical endeavor, part of the Climate Resilient Inclusive & Sustainable Water, Sanitation, and Hygiene (CRIS-WASH) Facilities in Community and Institutes project, unfolded under the EU funded 'The CSO BRIDGE Program.' A collaborative effort with Concern Worldwide and Lodhran Pilot Project (LPP) in District Bahawalpur, this project became the backbone for community-driven change.



Imran's story is not just a narrative of success: it's a testament to the impactful outcomes of CSO BRIDGE. Now, steering towards the future, Imran and the Village WASH Committee are developing an annual action plan to further enhance health and hygiene conditions. Grateful for the platform provided by Mashal Development Organization, Lodhran Pilot Project, Concern Worldwide, and the European Union, Imran remains committed to steering the ongoing journey for the welfare and development of his community. CSO BRIDGE emerges as a powerful enabler, transforming Imran's drive for positive change into a community-wide reality.



## Diakonie Katastrophenhilfe:

From January to April 2024, PVDP Sindh carried out following activities under the project “Humanitarian Assistance for Flood Affected Households in Mirpurkhas, Sindh (Continuation)” funded by Diakonie Katastrophenhilfe.

- 1000 flood affected households received PKR 17,000 for two rounds to meet their basic food needs for two months.
- 400 targeted households received cropping seeds of cotton and fertilizers package (Cotton seed 7 Kg, Urea 150 Kg, DAP 50 Kg), facilitating increased yields and economic stability.
- 750 Beneficiaries received kitchen gardening tool kits (Water Sprinkler (01) Spade (01), Hoe (01), Trowel (01) and Green Net (01) and seasonal vegetable seeds for summer, promoting self-sufficiency and nutritional diversity.
- 25 Farmer Field School sessions were conducted, equipping farmers with essential skills and techniques for sustainable agriculture practices.
- 15 out of 30 hand pumps have been installed in the targeted villages, providing improved access to safe and clean water for drinking and domestic purposes, enhancing community well-being.
- 300 out of 600 goats were distributed to 150 beneficiaries (Each beneficiary received two goats), empowering families with sustainable livelihood opportunities.
- 40 Health & Hygiene sessions were conducted in 20 villages to raise awareness and promote improved hygiene practices.
- 500 Bio-Sand (Nadi) water filters were distributed, ensuring access to clean drinking water and mitigating waterborne diseases.
- Disaster Risk Reduction sessions were conducted and distributed Emergency Response Kits in 20 project intervention village.





Community World Services – Asia implemented the following activities from January to April 2024 under the project titled as “Strengthening food security and resilience of vulnerable communities of Pakistan and Afghanistan.”

- 1,260 selected project participants have received PKR 17,000 in monthly cash support for a period of three months.
- 15 water points, powered by submersible pumps running on solar energy, have been constructed.
- 15 water troughs for livestock have been built, drawing water from the project's water points.
- 30 community members from 15 targeted villages have undergone training in the repair, maintenance, and operation of water points, ensuring the sustainability of these facilities.
- Each of the 1,260 project participants received mushroom cultivation kits, consisting of span, wheat straw, plastic bags, rubber bands, a hand sprayer bottle, white plastic sheeting, racks for mushroom cultivation, a mushroom knife, white lime powder, plastic ropes, and sacks.
- Summer season vegetable seeds for kitchen gardens were distributed to 1,260 project participants, comprising 100 grams each of bitter gourd, bottle gourd, sponge gourd, cucumber, Indian squash, and 50 grams each of okra and brinjal.





**Stakeholders' engagement workshop in Peshawar with participation of  
KP food authority, PARC and other relevant stakeholders**



**Workshop organized in PARC on healthy and sustainable diets in Pakistan.**



**Empowering Health and Sustainability through Nutrient Enriched Fruit Bars project launched  
National consultation workshop to introduce new courses on food systems transformation in  
Pakistan**



'We're thrilled to announce the successful launch of our **"Nutritious Fruit Bars"** project, a game-changer in combating post-harvest losses and enhancing food security in Pakistan! Post-harvest losses in fruits like apricots and dates have been a critical challenge, impacting food security and rural economies. With support from the Danish International Development Agency (DANIDA), collaboration with Arla Food Ingredients (AFI) and Danish Industry (DI), we're developing innovative fruit-based products to tackle these losses and provide nutritious options, especially for low-income communities.



Our project launch event, "Empowering Health and Sustainability through Nutrient Enriched Fruit Bars," brought together key stakeholders including SBN Members to discuss sustainable solutions in the fruit value chain. From sessions on responsible business conduct to leveraging expertise for sustainable practices, the event marked a milestone in creating a resilient and inclusive food system.



A Survey has been conducted to identify the Psychosocial needs of the communities. During the reporting period, (5-day training sessions) for key community person and onsite staff were conducted in 6 Districts (Kohat, Haripur, Charsadda, Noshera, Mardan and Peshawar), reaching a total of 897 participants. HI Pakistan Under USAID funded ReLAB-HS project conducted an orientation session with Community-Based Organizations, focusing on rehabilitation, the need for rehabilitation and assistive technology



• HI also organized the first technical working group meeting on rehabilitation and assistive technology, supported by the Ministry of National Health in Islamabad. Chaired by the Director-General of Health. HI Pakistan also formalized an MoU with the Sindh Institute of Physical Medicine and Rehabilitation in Karachi, aimed at enhancing collaboration with various stakeholders in the health and rehabilitation sectors operating in Sindh province. HI also organised the following trainings of health professionals on Rehabilitation and Assistive Technology.

- Training on Assistive Products (TAP) in Swat
- Basic Rehabilitation Package, Clinical Resource (BRP-CR) training in Karachi
- Capacity building training on regulation of rehabilitation related professionals in Karachi.

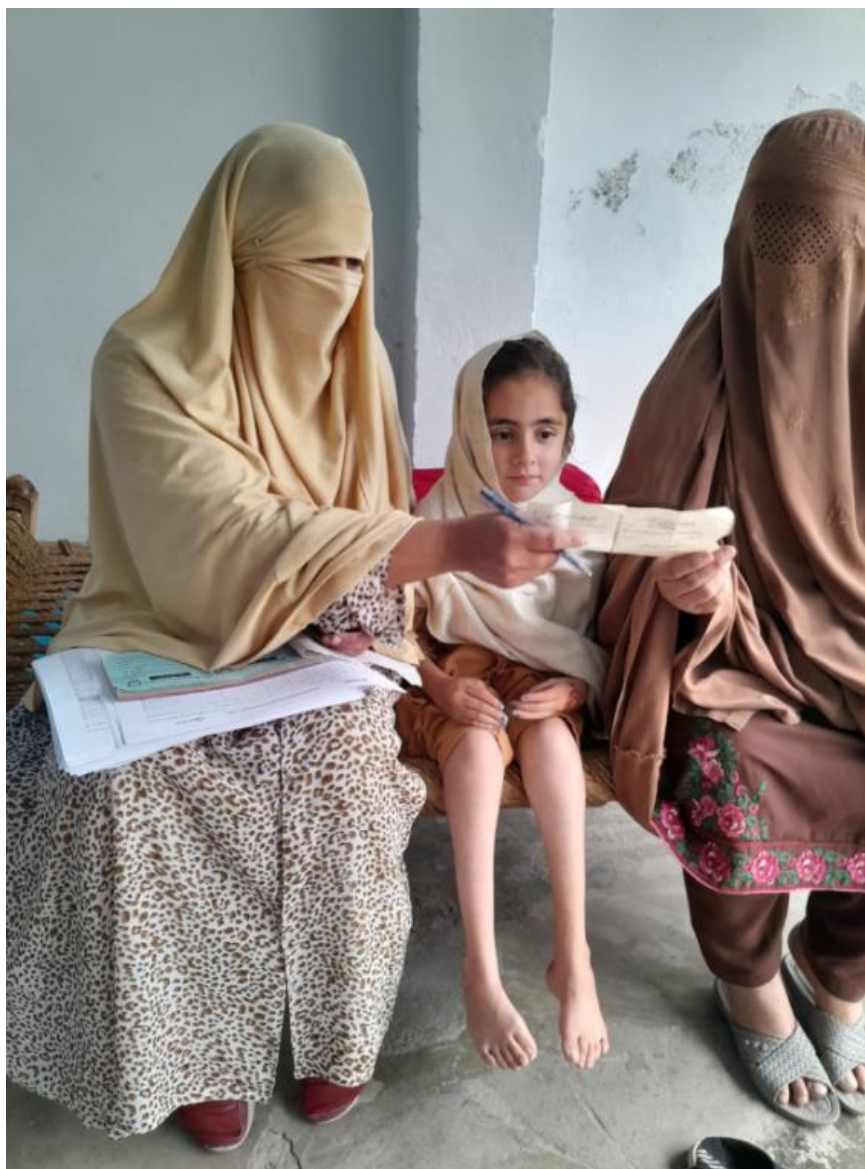


## Anabia's journey: Overcoming stigma, embracing hope with ReLAB-HS



Anabia, a six-year-old from Master Abad village in Swat, Pakistan, was born with untreated clubfoot due to her parents' lack of awareness and access to medical services. She faced discrimination and isolation, as villagers attributed her condition to superstitions. Her life changed when ReLAB-HS, an organization focused on rehabilitation, trained Lady Health Workers (LHWs) like Nazia Ali to identify and refer individuals needing treatment.

Nazia recognized Anabia's condition during a routine visit and referred her to Saidu Group of Teaching Hospitals. Despite initial hesitation and logistical challenges, Anabia's parents sought treatment. With comprehensive care, Anabia's clubfoot was successfully corrected, restoring her mobility and confidence. This intervention not only transformed Anabia's life but also increased community awareness of rehabilitation services, setting a precedent for improved healthcare access in the region.



This collaborative endeavor signifies progress toward the overarching goal of ensuring universal access to rehabilitation and assistive technology services for all.

## International Women's Day

HelpAge International observed International Women's Day with the theme of "Invest in Women: Accelerate Progress" emphasizing Invest in Women of All Ages. The data sets commonly used in policymaking typically start at age 15 and stop abruptly at 49, leaving out a crucial demographic group. To draw attention to this critical issue, Country office launched hashtag campaign: #MissingWisdomBeyond49 + and celebrated in collaboration with UNHCR, ADDTF, STEP, NCSW in Islamabad, and also with Older People Associations & Buzrug Dost Networks in Islamabad & Sindh, KP & Punjab.



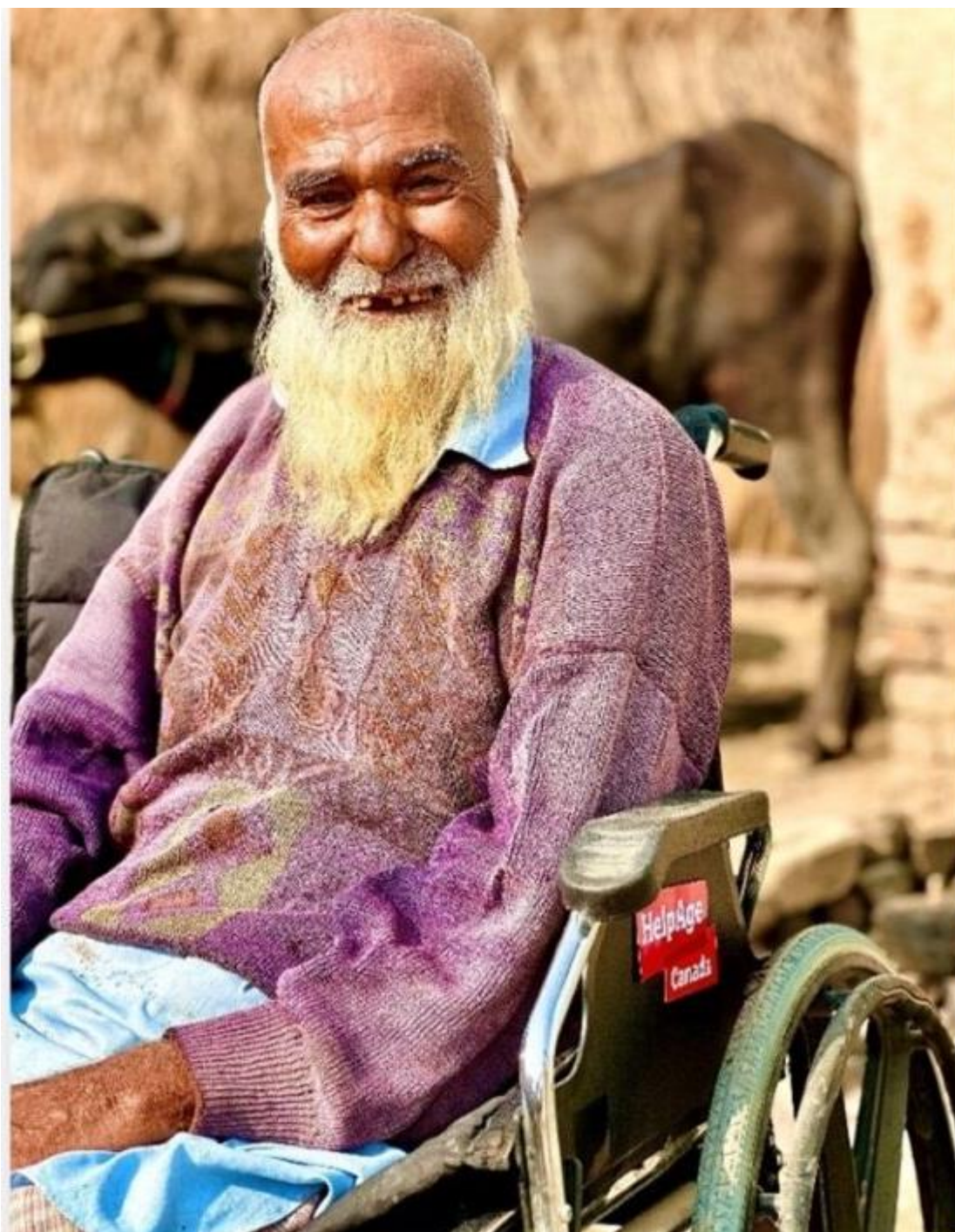
## World Health Day:

HelpAge also hosted a stakeholder dialogue to observe #WorldHealthDay. Experts from government, health, and development, and members from OPA's delivered their insightful presentations and contributed to a productive dialogue. Ms. Huma Chughtai, member of the National Assembly, was the chief guest, and Mr. Tom Manuel Kafczyk from HelpAge Deutschland also spoke to participants and shared his valuable insights during his visit to Pakistan.





"After losing everything, I had no money to buy food for my family or even for treatment and wheelchair for walking to go out from outside home. Now, with the help of HelpAge and partner organization, I am no longer worried, I can go outside, meeting with my friends and other relatives. This relief gives me stability. No one knew the value of this small aid, but for me, the honor thing is that HelpAge identified me in the one corner of my house and provided aid, I am very happy about that." . Mr. Mumtaz Ali, 59 year, Shikarpur, Sindh



Helping Hand for Relief and Development (HHRD) has made a significant impact on 236,460 lives across 94 districts in Pakistan, Gilgit Baltistan, and Azad Jammu & Kashmir through its diverse array of projects. Focusing on emergency relief, healthcare, education, and sustainable development, Helping Hand for Relief and Development (HHRD) extends aid to those in need, irrespective of race, religion, or nationality.



**Beneficiaries**  
**236,460**

- In the Bagh Drought Response project's initial phase, 1,814 households, encompassing 12,600 individuals, gained access to drinking water, easing the burden of water scarcity.
- Similarly, in Gwadar, 178 families (1,236 individuals) affected by floods received cooked meals, mitigating hunger during the crisis. Emergency food aid also reached two families in Lower Chitral, addressing urgent needs.
- Healthcare remains paramount, with HHRD establishing medical clinics and offering essential medicines to underserved populations. Education initiatives, from primary school support to vocational training, empower individuals for a brighter future. Sustainable development projects, including water initiatives and livelihood programs, foster self-reliance and community resilience.
- HHRD's Ramadan food packages reached 9,700 underprivileged families, with the Iftar Dastarkhwan initiative providing daily meals for laborers in Islamabad. These efforts intertwine hope into communities, fostering lasting transformations amidst adversity, promoting inclusion, empowerment, and resilience. Through multifaceted programs, HHRD strives for enduring positive change, enhancing well-being, and societal advancement.





**SUCCESS  
STORIES**

**Solarized RO Plant**

The solarized RO plant in Village Darbatta emerged as a beacon of hope amidst water scarcity and contamination. Before its implementation, residents faced dire challenges, from health issues due to contaminated water to arduous journeys in search of this vital resource. However, the project's arrival heralded a transformative shift, offering over 3500 beneficiaries' access to clean and safe drinking water. Empowerment blossomed as the community embraced newfound knowledge in water management, fostering resilience and unity. Despite persistent challenges of load-shedding, the solar-powered infrastructure remained steadfast, offering reliable water access without additional costs. Gratitude echoed through the village, as residents expressed heartfelt appreciation for the life-changing impact of the solarized RO plant.



In Humanitarian Response for Vulnerable Afghan Communities and Afghan Refugee Support Acton project, 2800 children completed bridging/catch-up classes and joined formal schools in 13 refugee villages across 6 districts. 11 education drives engaged 480 stakeholders, and food hampers were provided to 1,980 Afghan families, benefiting around 14,000 members.



**Beneficiaries**  
**14,000**

- In Early Recovery Support, 150 shelters were built, benefiting 2000 individuals, along with 10 drinking water schemes for 2500 people and 58 latrine rehabilitations in 30 schools benefiting 5500 children and staff in Mirpur Khas and Sanghar.
- Resuming Education with Adaptable and Durable Solutions project celebrated "Breaking Barriers – Digitalization for equitable education" with 670 attendees from 40 Punjab schools, including Minister of Education Mr. Sikandar Hayat.



- In Skills for Decent Employment project, 150 working children were trained in dressmaking and plumbing, 80 employers and 216 children in Occupational Safety and Health, 233 parents were sensitized, and 3 recreational activities were organized for psychosocial support



SUCCESS  
STORIES

Fiza’s Journey

Fiza's journey from adversity to empowerment is truly inspiring. Despite challenges, including her father's illness and an abusive marriage, Fiza's resilience never wavered. Identified by Helvetas, she embarked on a beautician training course, supported by her father's encouragement. Fiza's dedication and positive attitude not only impressed her instructors but also fostered a supportive environment within her class. Eager to excel, she practiced her skills at a local parlor, expanding her abilities beyond the classroom. With her determination and talent, Fiza is not just learning a trade; she's reshaping her future and proving that with perseverance, anything is possible.



### FICP Project

The FICP project provided skills training along with incubation support to 418 Afghan/Pakistani youth, conducted 3 days on time management, team building and 5 days training on business plan and marketing strategy. 37 Shared spaces were established along with provision of tool kits and machinery for the trained youth. The shared spaces as micro enterprises created several hubs for trained men and women to collaborate, share their ideas, complete orders, brand their samples, and market their products. The project arranged 29 exposure visits for the trainees to enhance the trainees' understanding of various businesses and their operations.



### SMILE Project

The SMILE project aimed to improve the higher order thinking and science learning among 11,500 students. 21 smart classrooms were established, 184 teachers were trained, 240 students trained as IT squad as well. A total of 13,622 instructional videos were viewed and 147,607 assessments were conducted, and 1,815,353 questions attempted throughout the project.





SUCCESS  
STORIES

Silsila Qayyum

'Silsila Qayyum, an Afghan woman, along with her husband and two children, shifted to Pakistan in search of a better life. However, upon arrival, they faced the harsh reality of unemployment and struggled to make ends meet. During this challenging time, Silsila found a ray of hope through HOPE'87's beautician course under the FICP project. Completing the course opened doors to employment opportunities



Today, Silsila works as both an instructor and an employee at a beauty parlour, earning around 45,000 PKR per month. Her journey exemplifies the transformative impact of development and humanitarian assistance, offering hope and empowerment.

During the reporting period, Human Appeal continued its support to 2022 flood affected populations by providing Ramadan food baskets for 100,364 individuals across Pakistan.



**Beneficiaries**  
**100,364**

- We delivered 688 MT of conditional food assistance to flood affected populations in Sindh, Moreover, cash assistance was provided to 2,500 households.
- Moreover, cash assistance was provided to 2,500 households. Human Appeal provided hot meals to 73,377 individuals during this period in the most vulnerable populations in different areas of the country.



- Through our WASH interventions we have reached over 150,000 people in 9 districts across the country. Our sustainable WASH interventions improved access to clean drinking water and sanitation services for the most marginalized communities
- We in partnership with our donors are working to mitigate effects of disasters in two districts of Sindh benefiting 14,855 households. Formation and training of CERTs underscores our efforts for preparing and equipping communities with necessary skills to cope with future disasters and shocks. Human Appeal has supported 4,100 children to sustain their education expenses through cash transfers worth 322,142 USD during the first quarter of 2024.





## SUCCESS STORIES

### Habibah's water story

Habibah and her family endured unimaginable losses during the 2022 floods in Village Ghulam Hussain Chandio, Qambar Shahdadkot, Sindh. Their only source of water was the unsafe, highly contaminated water from the floods. Human Appeal installed solar-powered water filtration plants in her village, which filter toxins and impurities, and provide clean and safe drinking water. HA also provided flood-resilient, solidly constructed homes elevated from the ground. "We got homes, we got clean water; that is why we are very happy. I used to sew a single blanket in five to six days. Now, I sew it in three days", Habibah said.



International Medical Corps is a global nonprofit organization dedicated to healthcare training and relief efforts since 1984. Operating in over 80 countries, IMC respond to emergencies, rebuild healthcare systems, and empower communities. In reporting period IMC Pakistan's projects focus on Afghan refugee resilience, mental health support, and access to healthcare.

### The ARISE -

Afghan refugees Resilience by Strengthening Integrated (GBV including WEE and MHPSS) Interventions through Community Empowerment in Khyber Pakhtunkhwa Province. project addresses gender-based violence and mental health in Khyber Pakhtunkhwa Province. Additionally, IMC collaborates with UNHCR to improve healthcare for Afghan refugees across 13 villages in KP Province. IMC also partner with IOM to enhance GBV services in Karachi. Further, IMC, with GIZ's support, works on psychosocial well-being and livelihoods for Afghan refugees and host communities in KP Province.



### Wash Project-

The UNICEF-funded WASH project, operating in District Shaheed Benazir Abad, Sindh, targets restoring water, sanitation, and hygiene services, menstrual hygiene, and sensitization for 105,000 individuals. With support from P&G, International Medical Corps distributed 1.176 million water purification sachets and mixing tool kits to 9,400 families in flood-affected areas, accompanied by awareness sessions. IMC also rehabilitated and solarized 12 EPI centers, benefiting 19,500 children annually with uninterrupted immunization services. This initiative not only ensures continuous power supply but also reduces greenhouse gas emissions through solar energy utilization, contributing to environmental sustainability.





## 'Hassan and Zahid's Journey from Despair to Prosperity:

### SUCCESS STORIES

Hassan and Zahid, Afghan refugees in Pakistan's Khyber Pakhtunkhwa province, faced hardship due to limited opportunities. Hassan, a mother of eight, enrolled in a vocational program by International Medical Corps. She learned dressmaking and business management, empowering her economically. The program also engaged Zahid in gender discussions, transforming his views on women's roles. Together, they opened a grocery store, combining Hassan's skills with Zahid's salesmanship. Their collaboration, fuelled by newfound understanding, brought harmony and prosperity to their household. Hassan's determination persists as she plans to expand their business. Their success illustrates resilience and the transformative power of support and education in marginalized communities.



## IRC - Program Highlights:

- In response to the devastating floods in Pakistan, the International Rescue Committee (IRC) has undertaken a significant multipurpose cash assistance initiative, benefiting 2,419 of the most vulnerable households across several flood-affected districts.
- In alignment with Sustainable Development Goal 3 (SDG 3) focusing on well-being, the International Rescue Committee (IRC) has implemented vital health initiatives in flood-affected districts of Pakistan, significantly benefiting 224,251 vulnerable individuals. By conducting 10 health camps and rehabilitating 12 health facilities across districts such as DI Khan, RajanPur, Badin, Charsadda, Khairpur Mir's, Dadu, Swat, Peshawar, Quetta, Pishin, Nushki, Killa Abdullah, Chaghi, Nowshera, Nasirabad, Kharan, Lasbela, Sanghar, Mirpur Khas, and Jaffarabad, IRC has ensured access to essential healthcare services.
- International Rescue Committee (IRC) has undertaken extensive protection interventions across numerous flood-affected districts, benefitting 60,047 individuals.
- IRC has successfully rehabilitated or constructed 50 water supply schemes, benefiting approximately 47,250 individuals across districts such as DI Khan, RajanPur, Badin, NasirAbad, JaffarAbad, Khairpur Mir's, Dadu, SohbatPur, Awaran, Pishin, Killa Adullah, Chaman, Nowshera, Charsadda, Mirpur Khas, Lasbela, Sanghar, and Qamber Shahdad Kot.
- Recognizing the importance of providing a safe and conducive learning environment, IRC established 15 Safe Healing and Learning Spaces to cater to the immediate needs of students in flood-affected areas.
- Moreover, IRC rehabilitated schools across districts such as Killa Abdullah, Chaman, NasirAbad, JaffarAbad, Khairpur Mir's, Dadu, SohbatPur, and Awaran. These efforts not only restore damaged infrastructure but also enhance enrollment rates and improve the retention of both girls and boys in schools.





In the wake of severe flooding in Budhani, Dera Ismail Khan, Dr. Komal Seemab, a dedicated Women Medical Officer, found herself leading the charge at the Basic Health Unit (BHU). Despite facing numerous health challenges, the facility lacked resources and infrastructure. Recognizing the urgent need for intervention, IRC launched the WOMEN-ASPIRE project, focusing on rehabilitating the BHU.



Through collaborative efforts, IRC transformed the BHU into a well-equipped facility, empowering Dr. Komal and her team. Comprehensive training, including implant insertion, MISP, GBV response, and reproductive health concepts, enhanced their capabilities. IRC's provision of essential medical supplies and Lady Health Workers further augmented their efforts, ensuring prompt and accessible healthcare for the community. Dr. Komal emphasized the transformative impact, particularly in family planning, highlighting IRC's comprehensive strategy's success.





The recovery initiatives for the affected people of the floods 2022 continued during the year Jan – April 2024. The initiatives mainly focused on the recovery of the basic services including shelter, livelihoods, food security and WASH services with a special focus on embedding disaster risk reduction into the entire programme activities.

Islamic Relief Pakistan served 1,583,984 people, including 8,180 Person with disabilities (PWDs), mainly in rural areas including rural Karachi, Thatta, Mirpur Khas, Dadu, Kambar Shahdad Kot, Harnai, Mastung, Kharan, Washuk, Killa Abdullah, Killa Saifullah, Chaman, Pishin, Khuzdar, Jaffarabad, Usta Mohammad, Sohbatpur, Kachi Bolan, Awaran, Chagai, Noshki, Khyber, Orakzai, North and South Waziristan, D.I Khan, Nowshera, Charsadda, Tank, Haveli, Muzaffarabad, Bagh, Rawalpindi, Islamabad, Rajan Pur, Qusoor and Faisalabad (Jaranwala).



**Beneficiaries**  
**1,583,984**

- IRP provided more than 10 thousand shelters to the floods affected families which is the highest number of the provided shelters provided by any entity after Government of Pakistan.
- Overall, 24,145 floods affected families were supported to restore their livelihoods.
- Clean drinking water was provided to more than 6 million floods affected people whereas 363 water resources were restored.



Multiple Meetings were convened throughout the year with various departments and agencies, including the Prime Minister’s office, Ministry of Climate Change, Ministry of Interior, Economic Affairs Division, NDMA, NEOC, P&D, PDMA’s, PHED,PPAF, Irrigation and Agriculture Departments, Federal and Provincial Education Departments, DDMA’s District Administrations and relevant5 LEAs. These meetings aimed at fostering partnerships, enhancing coordination and providing support.



## Crab Farms Raising Hopes for Fisherfolks in Sindh

Fida Hussain, a resident of village Gul Hassan Samoo in District Thatta, Sindh, shares his house with his family of five. Together with his wife and their 5 years old son, they live along with his brother and sister.



**Fida Hussain with his family**

However, life's unpredictable twists threw their world into turmoil when the devastating floods of 2022 struck, leaving a trail of destruction in their wake. Fida Hussain, like countless others, witnessed his hopes and dreams being washed away by the merciless waters. In the aftermath of this catastrophe, he found himself grappling with despair, burdened by the weight of loss and uncertainty.

"I was going through an incredibly challenging time, and it felt like I had reached the end of my rope," The floods left him devastated and hopeless, fearing that he would be unable to provide happiness and security for his child.

"I was devastated and hopeless and I thought I would not be able to provide happiness to my children, but Allah (SWT) saved me from my difficulties. During his darkest hour, a glimmer of hope emerged. My life took a remarkable turn when Islamic Relief introduced me to crab farming."

"Through farming crabs and subsequently selling them, my income has increased. Now, my business is not just a means of livelihood; it has become my identity."

Link to the video:

<https://www.youtube.com/watch?v=wwZ-5CbhGYM>

## Following are the details of the projects:

- The "KnK Japan-Pakistan current project" targets the improvement of girls' education in Balochistan Province, Pakistan, by establishing safer and more secure learning environments. Substantial progress has been achieved through the construction of school buildings.
- To address the pressing need for clean water, the project implements innovative and eco-friendly methods for water provision, ensuring that students have access to safe drinking water within the school premises.
- Moreover, the initiative emphasizes the professional development of teachers through comprehensive training programs. These programs aim to enhance teaching methodologies, curriculum delivery, and classroom management techniques, thereby improving the quality of education imparted to students.
- In parallel, the project engages in advocacy activities to raise awareness about the importance of girls' education and promote community involvement in supporting educational initiatives. By fostering partnerships with local stakeholders and community leaders, the project endeavors to create a conducive environment for sustained educational progress in Balochistan Province.





Achievements:

At KP Malterer International, outpatient consultations were provided to 30,709 individuals, encompassing women, men, and children. Among them, diagnostic services were extended to 4,199 individuals. Within the reporting period, 393 deliveries were conducted at Malteser International-operated BHUs, accompanied by the provision of free medicines as needed. Additionally, a total of 13,107 PLWS and children under 5 were screened for malnutrition, while 11,837 individuals, including women, men, and children, received psychosocial support sessions.

Similarly, in Sindh province, in collaboration with SRSO, 1,000 master trainers underwent training on CMST, with another 1,000 individuals receiving training on kitchen gardening along with provision of kits. Furthermore, eight KM irrigation channels were rehabilitated and rendered functional during the reporting period

Overcoming Obstacles:  
Hasnain's Journey to Recovery

Hasnain, son of Ali Akbar in Wakeel Qala, Badhaber Peshawar, defies odds with remarkable progress despite a learning disability at 13. His journey, marked by resilience and determination, finds hope at Malteser International's psychiatrist OPD. Recognizing his struggles, his mother seeks help swiftly. Under Dr. Zeeshan's care, Hasnain embarks on a transformative path. Through therapy and medication, he flourishes, engaging positively with peers and excelling academically. Today, Hasnain exemplifies resilience, overcoming obstacles with zeal. His story underscores the transformative power of timely intervention and dedicated support, a beacon of hope for individuals with learning disabilities.



Since, 2015, MdM has especially focused on reproductive health and has been a fervent advocate of the integration of family planning into the primary healthcare minimum package to tackle both demographic and health issues in the most populated region of Pakistan.

The proposed project titled “Strengthening access to qualitative primary health care services including nutrition, GBV, mental health and psychosocial support for the crisis affected populations in Pakistan, with a focus on Afghan refugees, returnees and IDPs” addressing the worsening humanitarian crisis and, providing emergency primary health care services (PHC), including nutrition, gender-based violence (GBV) and mental health and psychosocial support (MHPSS) services, to crisis-affected populations in Pakistan including Afghans seeking refugees.

## Achievements:

- Curative & RH Consultations: 37262
- Family Counselling & consultations to WCBA: 5460
- Nutrition Screening of 6 to 59 Months: 9043
- In-clinic health education session: 794
- Outreach Sessions: 209
- MHPSS Consultations: 839



## **Strengthening access to qualitative primary health care services including nutrition, GBV, mental health and psychosocial support for the crisis affected populations in Afghanistan and Pakistan, with a focus on Afghan refugees, returnees and IDPs**

BHU Odigram in Lower Dir, with support from MdM and GFFO, overcame challenges in maternal care by equipping the facility with advanced medical equipment and training staff. This intervention increased safe deliveries from 1-2 to 8-10 per month. A notable success was the complication-free birth of twin girls for a mother with limited access to healthcare. The improved maternal care boosted community confidence and highlighted the impact of investing in healthcare infrastructure in underserved areas.





- Under TB Program funded by Global fund, ACF team organized 986 chest camps across Pakistan. These camps offering essential screening and support to those in need. During this period, 64,956 individuals stepped forward to avail the services. Among them, 46,978 individuals underwent crucial X-ray screenings, a pivotal step in early detection and intervention and identified 389 cases of Mycobacterium tuberculosis (MTB), the bacteria responsible for TB. Additionally, 11 cases of Rifampicin Resistance (RR) TB were also identified.
- Progress under DEPP-TB program under Global fund, the activities carried out including A research capacity building workshop was conducted with participants from all the SRs, DHIS2 rollout training was conducted with BCF. Furthermore, DHIS2 rollout training was conducted with GSM.
- In response to floods of 2022-23, the progress being made under the humanitarian programs are 02 solarized water supply schemes supported by Scottish Govt were completed in District Jaffarabad, Sindh benefiting 1800+ people daily. Additionally, 01 solarized water supply scheme supported by Shell (Oils) was completed in District Jaffarabad, Sindh benefiting 600 + people on daily basis. Furthermore, 250 food packages distributed to flood (2024) affected people of Gawadar, Baluchistan.
- Mercy Corps's with the financial assistance from BPRM is implementing a education project in Quetta, Baluchistan. The major activities conducted are added a curriculum on videography as a new trade for vocational trainees at the Women Technical Training Center (W TTC), following the market assessment. Moreover, conducted six-monthly follow-up survey with vocational graduates from Year 1 of PREP-ALL. The survey found that 134 (73%) out of 183 entrepreneurs successfully retained their businesses and are still growing and finally designed and developed a booklet in Urdu titled "Hum aur Humari Zehni Sehat" ("Us and our Mental Health") to promote mental health awareness and safety among schoolchildren. The user-friendly and interactive content is designed to help students manage stress through various activities.



Mercy Corps' mission is to alleviate suffering, poverty, and oppression by helping people build secure, productive, and just communities. For over 40 years, Mercy Corps has been tackling the world's toughest challenges, providing over \$4 billion in assistance to more than 220 million people. Mercy Corps is able to tap into a significant body of knowledge and expertise across our 5,400+ member team — 84% of whom are from the countries where we work — to address the most significant and shared global challenges of our time. Mercy Corps' country-based team members are supported by our global support team based in US and European Headquarters, and approximately 70 technical experts in Agriculture; Food Security; Nutrition; Financial Inclusion; Market, Economic Recovery and Growth; Youth, Gender and Protection; Environment, Energy and Climate; Governance and Partnerships; and Technology for Development who support the design and implementation of programs around the world. Mercy Corps has been operational in Pakistan since 1986 and is present in 120 districts across the country (including the four provinces, AJK and ICT).



## Navigating the Depths of Hope:

In Goth Abdul Wahid Jarwah, Sindh, Asif, a 20-year-old with a congenital disability, lived with his family of ten in poverty. A devastating flood destroyed their home, displacing them and worsening their struggle for survival. Asif, unable to walk, relied heavily on his family. They faced scarcity of clean water, poor sanitation, and disease threats.

Mercy Corps Pakistan, with ECHO's support, provided clean water through trucking, VIP latrines, emergency tents, and free medical services. This aid brought dignity, safety, and reduced waterborne diseases, helping Asif's family start rebuilding their lives. However, the cessation of water trucking and the need for a rehabilitated water supply system presented ongoing challenges. Despite this, Asif found solace in the support received, expressing hope for autonomy with a request for a wheelchair. His resilience amidst adversity highlighted the enduring human spirit.



"The tent brought happiness to my family, as this provided protection, safety, and privacy".

- Asif



Update on Flood Recovery Assistance for Districts Mirpurkhas and Sanghar in Sindh. Capacity building, poultry support, MOU signed with Sindh Agriculture University, and Early Warning System locations identified.

- Rehabilitation Support for Returnees in Tirah Valley of KP The project implemented activities in 10 villages, formed 5 Village Organizations, and conducted training sessions with beneficiaries. Tool kits, seeds, and fertilizers were distributed, and 2 model farms were established.
- To support vulnerable families in surviving the harsh winter weather in KP and Kashmir the project provided winterization kits to 1,250 families, reaching 9,072 individuals.
- Ramazan Food Packs Distribution for 1,700 beneficiaries has been completed, and post-distribution monitoring has been conducted in Mansehra and Bagh.
- Empowering Communities through Immediate Relief and Recovery Initiatives: Chitral Relief and Recovery efforts include the distribution of winterization kits, and feasibility studies for schools, and health units and contractors have been selected for the construction of one-room shelters with latrines and restoration of WASH facilities.







Bagul’s Story

Bagul, an elderly woman from a remote village in Kalash Valley, along with her mentally disabled son and elderly husband, faces significant challenges due to their lack of income and harsh living conditions. Thanks to Muslim Aid Pakistan, they received a winterization kit to safeguard them from the harsh winter weather. The kit provides more than just physical warmth; it signifies care and support for vulnerable individuals. Bagul expressed her gratitude for the aid, emphasizing its practical value and crucial aid during their vulnerable circumstances. Muslim Aid Pakistan's winterization kits make a difference in protecting vulnerable individuals and providing access to resources for survival and well-being.





### Education in Emergencies (Humanitarian):

In Swat district of Khyber Pakhtunkhwa, NCA has started reconstruction of five primary school that were rendered unusable during 2022 floods. The project would provide 2,200 boys and girls access to safe and inclusive quality education. Through the project's capacity development component, 51 teachers (50% women) received training in child centred teaching approaches and pedagogy tools.

### Shelter & NFIs (Humanitarian):

In response to 2022 floods, NCA distributed Non-Food Items (NFIs) to 118,560 individuals in high-risk flood-affected communities. The NFIs included, 30,100 mosquito nets, and 8,617 basic shelter and winterization kits. During early recovery phase 81 semi-permanent shelters were constructed to fulfil emergency needs of highly vulnerable households that included women and elderly headed households. In different flood affected communities 118 permanent model shelters were built to help communities with resilient construction techniques during reconstruction and rehabilitation phases.

### WASH (Humanitarian):

In response to 2022 floods, NCA provided safe drinking water to 118,560 individuals, including 50% children. In high-risk communities 18,000 hygiene kits and 9,030 dignity (MHM) kits were distributed. To control spread of vector-borne diseases 135 debris cleaning and fumigation campaigns were conducted. To respond emergency sanitation needs of the communities, 265 pit latrines were installed, and 174 pour flush latrines were constructed/rehabilitated. To restore affected communities access to safe drinking water, 234 partially/fully damaged drinking water points/schemes were rehabilitated. For safe storage of water 35,400 containers were distributed, and communities were trained on safe storage and use water.





## Demi, A dedicated woman from Rural area!

Demi, a housewife and local activist from Ramji Kolhi in Umerkot district, is part of the Women Self-Help Group under the “Faith in Action for Sustainable Climate Resilience” initiative. She has empowered women in her community through efforts like building 220 fuel-efficient stoves, implementing solid waste management, and promoting sustainable practices such as kitchen gardens and tree planting.

Her initiatives have transformed Ramji Kolhi into a model village, improving health, reducing black soot, and promoting environmental sustainability.

Demi also supports the use of cloth bags over plastic and distributes manure compost from Sindh Agriculture University to enhance kitchen gardens.

Demi's achievements in community empowerment and environmental sustainability serve as an inspiration, demonstrating the profound impact one individual can have on their community.





## Inauguration of an orphanage:

- A delegation of Qatari donors, namely Dr. Ohoud Al-Duwailah, Hind Al-Kubaisi, Maryam Al-Zaman, Abdel Nasser Fakhro, Badriya Al-Yaqout, Sheikha Al Muftah, and Latifa Al-Kuwari, in addition to Mr. Nayef Al-Hajri, Second Secretary at the Embassy of Qatar in Pakistan, and Khaled Al-Yafei, inaugurated an orphanage in District Multan.



## Ramadan Food Packages:

- QC distributed 2,091 Food Packages for Iftar Project, 1,950 Food packages for Zakat ul Fitr, and 395 Eid gifts to benefit 28,682 individuals including flood affectees under the Ramadan Campaign "Endless Giving." ويؤثرون.



## Winter Aid Kits:

- QC distributed 7,100 dry food packages and 3,150 Winter aid kits among 71,750 individuals across Pakistan and Azad Jammu & Kashmir under the Zakat Campaign "One Build - كالجسد الواحد."



## Heart Surgeries:

- QC sponsored free Congenital -heart surgeries, in collaboration with the Peshawar Institute of Cardiology (PIC) hospital in district Peshawar-KP, benefiting 60 vulnerable children (3-18 years old).



## Construction of Shelters:

- QC constructed 12 houses for flood-affected communities in the district Khairpur Sindh.

**SUCCESS  
STORIES**

## Hassan Ali's Story

Mr. Ali Hassan a 21-year-old enrolled in QC's Social Protection Program in 2013. He continued his studies with excellent academic record. He lost his father in 2005 earthquake when he was only 2 years old. Recently, he has taken admission at Mirpur University of Science & Technology in the BS Civil Engineering Program which will be completed in 2026. InshahAllah. He said, I am very passionate about supporting other Orphan children like me, who stop their education due to a lack of resources. I wanted to become an angel for deserving children as my donor became an angel for me."





In the spirit of Eid ul Fitr, the SECOURS ISLAMIQUE FRANCE has made significant strides in aiding vulnerable families across various regions.

### Ramadan Food Packs:

A total of 5,205 Ramadan food packs were distributed to those in need in Sindh, ICT/RWP, Balochistan, and KPK. Adding to the festive cheer, 2090 Eid gifts were distributed among the kids in KPK and Sindh. Furthermore, under the sponsorships project, SIF extended support to 638 orphaned children in the first quarter. In addition, SIF marked International Women's Day on March 8th and World Water Day on March 22nd, 2024.



### Cash Assistance in Killa Saifullah:

In Killasaifullah, cash assistance was provided to 2561 beneficiaries across three cycles. Meanwhile, in Larkana, cash disbursements supported 2500 beneficiaries affected by the floods. Upper Dir and Lower Chitral saw the facilitation of 1392 individuals through various initiatives including enterprise and skill development programs, CERT formation and training, emergency response kit provision, and the construction of disaster-resilient structures. Similarly, assessments and identifications were conducted for skill development training in refugee villages spanning eight districts of Khyber Pakhtunkhwa (KPK).





SUCCESS  
STORIES

## Food Assistance for Training- District Larkana

The beneficiary got separated from her husband before the flood and was living with her son, but during the flood in 2022 her house was fully damaged, and she shifted to a temporary shelter/tent. Meanwhile, she also lost her domestic animals which included 1 buffalo and 2 goats because of a shortage of fodder, those domestic animals were the source of income for her family.

When SIF started registration in her village for general food distribution (funded by WFP) her name was also registered. She got food assistance for 3 rounds which was enough for her family for 6 months. After that on the recommendation of village committees, she received capacity-building training from SIF technical staff on income generation activity, and soon after training, she started handmade work of aplic rilli, aplic suits, and selling artificial jewelry, necklaces, earrings, and rings. She is now successfully running her business, selling handmade items in nearby villages and earning 15-16 thousand rupees monthly.





Under ECHO & CDCS funding, Solidarites International (SI) implemented an emergency intervention in District Jacobabad, Sindh, specifically in Ramzampur UC (20 villages) and Narwa UC (23 villages). The intervention focuses on WASH support completed by food assistance for SAM-affected households.

- Keeping Goth Seengar Foundation as IP, SI distributed 1052 hygiene kits in Nawra and 694 in Ramzampur covering 3 months of needs per families.
- Hygiene promotion sessions reached 7521 individuals in Ramzampur and 10631 in Nawra, ensuring qualitative information sharing.
- Infrastructure construction focused on water points, with 13 in Ramzampur and 22 in Nawra. Additionally, 224 latrines were completed in Ramzampur and 336 in Nawra, including rehabilitation in 11 schools.
- In addition, SI organized food distribution for 500 families, with support from SACHAL WELFARE ORGANIZATION and PPHI, providing each with 2 food kits for two months and 1 hygiene kit.



*Distribution of Hygiene Kits*



*Sessions on the communities*



*During the feedback from Shared latrine beneficiaries*



*MUAC check by PPHI staff*





## Education Cannot Wait

Voluntary Service Overseas under its ECW (Education Cannot Wait) funded Multi-Year Resilience Program, supported 1907 out of school and never been to school children of age 3-18 years to gain access to quality and equitable learning opportunities in 5 targeted districts of Baluchistan and Khyber Pakhtunkhwa - 232 children of age 3-5 years (134 girls and 29 CWDs) were supported through community based Early Childhood Education (ECE), 900 children (498 girls and 59 CWDs) including 209 refugee children through community Catch-up Learning Program (CLP), and 775 children (516 girls and 72 CWDs) were directly enrolled in formal government schools through enrollment drive with district education offices.





## SUCCESS STORIES

Meet 26-year-old Community Volunteer Salma Rehmat from Afghanistan. Salma is a respected voice within the Afghan refugee and host community in Pakistan, and an Afghan refugee herself. Salma advocates for Afghan refugees and the host community to access a quality education as part of a Multi-Year Resilience Programme funded by Education Cannot Wait.



Salma was the winner of the Volunteer Impact Awards 2023 in the Education category for her work on this Programme, where she helped to provide safe learning environments to some of the most vulnerable children, including Afghan refugees. Click on the link (<https://www.vsointernational.org/news/blog/girls-deserve-an-education-just-as-much-as-boys>) to read more about Salma's story.



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