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PHF QUARTERLY NEWSLETTER

April – June 2023

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ABOUT PHF



Pakistan Humanitarian Forum was established as an independent forum in 2003, to represent, facilitate and support humanitarian assistance and long-term development programme initiatives of its member working in Pakistan. PHF envisions a society where all communities have access to effective assistance and services through strengthened collaboration between the government, national civil society, and the international community. PHF is a coordination forum of 42 International Non-Governmental Organizations (INGOs) working in Pakistan, serving as a central collection point for relevant emerging information through connection with broad sector of humanitarian community and standing seat at UN and government coordination at the national and provincial levels.

PHF Member Organizations:

PHF has a membership of 42 INGOs working to deliver humanitarian assistance and long-term development programmes in Pakistan. PHF members work in areas of health; poverty reduction; education; water, sanitation and hygiene; agriculture; food and shelter; climate change and disaster risk reduction/management; across Pakistan.





Humanitarian Projects 2023:

In 2023, Alight worked with Afghan families seeking asylum in Pakistan, without waiting for donations. Funding came from the Government of Canada, UK charity Future Brilliance, and private donors.

Despite limited funds, Alight supported over fifty families in six months. Families played a key role in project design and success. Alight provided safe housing, psychosocial support, IT training for adults, and education for children. Yoga, robotics, and sports improved their emotional well-being. Al-Razi Hospital offered free or low-cost medical care, and mental health support was available through STMU. More than 50% of families relocated to Brazil, Spain, and Australia with Alight's help.

This project showed that a holistic approach best serves displaced populations.

Success Story:



Humanitarian Sector

Hina Khan a symbol of empowerment and transformation

Hina Khan is a remarkable teacher who volunteered to educate those children whose learning was interrupted due to the recent Pakistan floods in 2022. She travels 5-6 kilometers daily to teach children at a Temporary Learning Centre established by Alight in Dadu, Sindh. Hina herself was going through the same traumatic situation as her community. Instead of feeling hopeless, she made it her mission to bring hope and light back into the lives of the affected children. Hina's unwavering commitment convinced parents to send their daughters, breaking cultural barriers and transforming lives. She also arranged evening classes for young girls.



CIP’s Flood Response:

CARE International in Pakistan (CIP) responded to the flood crisis in Pakistan by collaborating with the Provincial Disaster Management Authorities of Sindh, Balochistan, and Punjab. Their emergency relief efforts aimed to provide life-saving assistance to the flood-affected communities and support early recovery initiatives. CIP efficiently distributed emergency supplies in the worst-hit districts of these three provinces, ensuring that the immediate needs of those affected by the floods were met.

As part of our ongoing efforts, we have initiated early recovery programming to mitigate the impact of the floods in the region. CIP is striving to assist communities in recovering from the devastation and rebuilding their lives. 502,556 Program Participants reached by CIP as of June 30th, 2023.

CIP, funded by the Bureau of Population, Refugees, and Migration (USAID), launched a school enrollment campaign as part of its project “Improving Equitable Access and Quality of Education for Afghan Refugees and Vulnerable Host Communities in Pakistan.” The campaign was implemented in 5 districts, namely Mansehra, Bannu, Kohat, Chagai, and Loralai, spanning the regions of Khyber Pakhtunkhwa and Baluchistan.



Case Study:

Ashiq Ali – Case Study

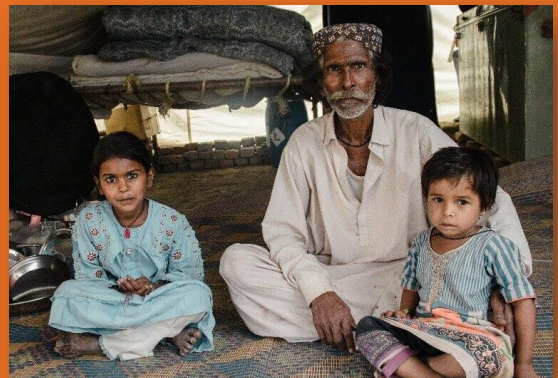
Photo Credits: Fawad Ali/ CARE International in Pakistan

Subjects Involved:

- Beneficiary: Ashiq Ali
- Interviewer: Fawad Ali, CARE International in Pakistan

Location: Village Gulzar Thebo, Taluka K.N. Shah, District Dadu, Sindh.





Ashiq Ali, 56, is from Gulzar Thebo, a landless laborer with a wife and three kids. Recent floods damaged their land and reduced the landowner's support. Ashiq had a health crisis a few years ago; villagers helped with his surgery, but the landowner gave very little. In 2022, floods surrounded their village with water, and they had to go to a camp for safety. Life at the camp was tough with limited food and shelter. Their home was destroyed, and the village faced diseases and theft. CARE International in Pakistan (CIP) and Thardeep Rural Development Programme (TDRP) provided vital help. Ashiq is grateful but needs more support due to health issues and losses.



Humanitarian Response:

Humanitarian response to address the immediate life needs of vulnerable Afghans communities in Khyber Pakhtunkhwa (KP)









June 1, 2022 – May 31, 2023

- Formed 12 girls & 10 boys NFECs, enrolled 728 girls (13 CwDs) and 672 boys (12 CwDs) for 6-month session (5-14 years old) in 8 refugee camps
- 12 women and 10 men teachers trained 
- Education counselling sessions with 1833 families 
- 24 women and 20 men PTCs established
- 1800 girls and 1700 boys of 22 NFECs and 19 formal schools facilitated with school related materials 
- 180 girls and 193 boys' students supported in continuation of formal education 

Flood Response:

Early Recovery Support for Most Affected Population from Flood in Sind and Khyber Pakhtunkhwa – ERS

December 2022 – November 2023

- 35 Master Trainers and 235 persons trained in construction of shelters. 
- 270 shelter kits are provided to the beneficiaries and master trainers. 
- 235 houses reconstruction is in progress. 
- 8 latrines & 4 washrooms constructed in cluster of shelters- Sindh. 
- 900 NFI Kits distributed to 900 families in 6 districts. 
- 900 winterization kits distributed to 900 families. 
- 4000 families received mosquito nets. 
- 2000 hygiene kits distributed to 2000 women. 



Biparjoy Cyclone Response:

Biparjoy Cyclone Response Provided cooked food with Clean drinking water to 93 families and 560 individuals in District Badin. Provided 1326 Dry food and 1375 Hygiene Kits & NFIs at Dadu, Noshero Feroz, Khairpur, Mirpur Khas, Jacobabad, Sanghar in Sindh and Chitral KP.



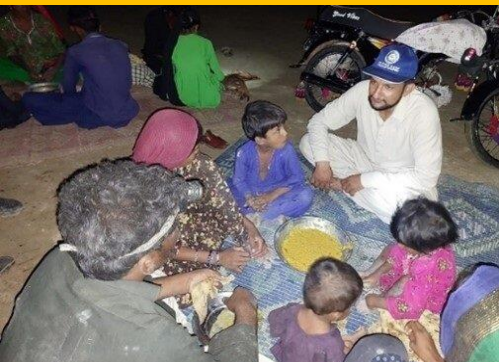
On the night of June 13, 2023, in view of the threat of Cyclone Bipar Joy, Abdul Aziz and his family reached the temporary shelter set up at the English Grammar School in Tehsil Headquarters Golarchi for a safe shelter under their help.

Where there was only place to hide but there was no arrangement of food and drinking water. HHRD team of District Badin were already reviewing the situation and were also in touch with the district administration.

In these circumstances, the HHRD officials, started providing immediate relief to these helpless families and started providing cooked food and clean drinking water and this continued till June 16. On June 17 after the threat of Hurricane Biparjoy was averted, the family returned to their village, Basrio Lund, where Abdul Aziz starts farming as usual.

Bannu Rain Response:

- Bannu Rain Response among 100 families including emergency kits, tents, cloth, Blankets & bed sheets.
- HHRD distributed 100 NFIs in Chitral including Tents, Kitchen set, Tarpaulin Sheets and Dry Food packages.
- Provided 8,500 Ltrs of Fuel for Pumps for Dewatering at 05 Talukas in District Nowsheroferoz, 3,000 acres of land was dewatered and saved 450 households.



Hundreds of Original Projects for Employment - HOPE'87

FICP

The project aims to mitigate the socio-economic impacts of COVID-19 in Pakistan through skills enhancement and livelihood development. The project provided skills training to 1,320 Afghan/Pakistani youth, provided incubation support by placing trainees in training centers with proper facility and job opportunities, arranged 26 exposure visits for trainees to business points and provided toolkits to shared spaces.



SmILE: The project aims to enhance education quality by provision of blended online learning and face-to-face instruction. The teams visited all project schools for monitoring and mentoring purpose. A total of 273 subject wise learning videos played, 1,748 subject wise assessments taken, 26,424 subject related questions solved by students and 6 games (Dino Eggs, Martian multiples, Super Crossword etc.) played for learning purpose.

CPSE: The project aims to counter the socio-economic effects of irregular migration by enhancing skills and values among vulnerable Pakistani youth. Achievements include development of screening tools for freelancing, microfinance loan office and related sales associate program. Outreach to business partners, retention of active mentees, income generation opportunities, and finalizing training partners.



International Medical Corps

International Medical Corps, in partnership with UNHCR, is running a Mental Health and Psychosocial Support (MHPSS) project across 13 Afghan Refugee Villages in Khyber Pakhtunkhwa Province. This initiative includes awareness sessions, PSS, and training for healthcare workers, aiming to enhance mental health support for Afghan refugees and local capacity.

Healthcare for Afghan Refugees:

IMC and UNHCR are improving healthcare for Afghan refugees in Khyber Pakhtunkhwa, Pakistan (June-Dec 2023). Key efforts include facility upgrades, awareness campaigns, and maternal/child health services. Notable achievements: 486 live births, 34 obstetric emergencies, and 131 referrals.



Flood Response :

In response to floods in Sindh and KPK, ten Medical Mobile Teams have provided essential healthcare services to over 43,000 beneficiaries. This includes reproductive health, disease prevention, and WASH services. Additionally, they've distributed clean delivery kits, water purification tablets, family planning services, and hygiene kits to those in need. Collaboration with partners has ensured efficient resource allocation, demonstrating a strong commitment to improving the well-being of flood-affected communities in the region.



ARISE PROJECT :

The ARISE project in Khyber Pakhtunkhwa Province focuses on Afghan refugee communities, addressing GBV, WEE, and MHPSS. Activities include psychosocial support, awareness-raising, and economic empowerment for women. The project conducted 6,930 awareness sessions, supported 119 GBV survivors, and helped 45 clients with MHPSS. They engaged communities in 113 recreational events and celebrated 290 key events, aiming to empower refugees, prevent violence, and enhance mental health resilience.



KnK's Achievements

- KnK's achievements in the "improving the access and quality of girls' secondary education in KP" project were notable, with significant progress in constructing GGSS Oghi (84.52% completion), Thakot (94% completion), and GGMS Banna Allai (73.03% completion).
- Teacher and parent training were conducted.
- Advocacy efforts led to better output indicators, with net enrollment rates of 86% for GGSS Oghi, 78% for GGSS Thakot, and 54% for GGMS Banna Allai, and reduced dropout rates (4.06% average).
- Facilities were upgraded for girls' comfort and safety, resulting in 321 out-of-school girls (76%) enrolling or returning to secondary school.
- Media dissemination fostered community awareness and support for KnK's mission.
- In the 2nd phase-Pakistan Floods 2022 Emergency Response Program, KnK distributed 200 transitional shelters and repaired 40 houses, installed 11 Ultrafiltration, and 2 Reverse Osmosis plants, benefitting 8,792 individuals. Furthermore, KnK constructed 34 group toilets to improve WASH facilities.



Success Story:

Gulbakht, a 16-year-old flood survivor, lost her parents and became the sole guardian of her siblings. KnK Japan provided her with shelter, toilets, and a water filtration plant. Empowered by support from KnK and Japan Platform, Gulbakht embraced her new role, pursued education and achieved self-sufficiency.



Oxfam in Pakistan (OiP) launched a targeted partner-led response and Recovery activity in select districts of Sindh and Baluchistan, driven by urgent needs at ground. By collaborating with trusted organizations like Strengthening Participatory Organization, Tameer-e-Khalaq Foundation, and Laar Humanitarian and Development Programme, Oxfam efficiently delivered life-saving relief support, including WASH/NFIs, dignity kits, hygiene kit, jerry buckets. By July 2023, Oxfam and our partners have assisted 375,377 households with \$648,232 cash, 24,400 shelter kits, 18,000 jerry cans, 19,000 hygiene kits, 19,000 dignity kits for women, 26,000 mosquito nets, 7,000 kitchen sets, 16,371 winterization kits & 10 safe spaces to help women and girls access psychosocial services and In recovery phase (February to December 2023), Oxfam aims to concentrate on Food Economic and Security (FES), WASH, and Protection Influencing & Institutional Strengthening activities. Expanding its reach, Oxfam included new districts and partners - MDF & SAFWCO, covering Khairpur (Sindh) and Sohbatpur (Balochistan).



Khizbano's Happiness :

SUCCESS STORIES



Khizbano shared her happiness about the construction of a latrine by Oxfam's local partner after flood. Going outside in the dark was scary and unsafe especially at night. She was worried about her daughter going out after sunset. Now, Oxfam and their partner built safe and accessible toilets. Kizbano feels relieved; the new toilet near her home eases her worries about her daughter's safety. Other mothers in the village feel the same way – now they don't have to be concerned about their children. Before 2022 floods, there was no proper latrine facility in our areas, shared by Kizbano (Mirpurkhas)

79,815 individuals benefited from Ramadan Drive through Campaign "Leave Your Mark. 21,000 individuals including flood affectees benefitted from Qatar Charity`s Qurbani Project-2023 in Punjab & AJ&K. Qatar Charity installed 9 solar water stations in district Peshawar and district Nowshera-KP to benefit 15,477 individuals by utilizing the natural resources.




Facilitated Individuals
79,815

Qatar Charity joined hands with Al-Shifa Eye Trust Hospital for Cataract Treatment of 300 vulnerable patients. Qatar Charity initiated to build a conducive learning environment in Government schools through the construction of classrooms. QC supported 70 families in Punjab through the provision of income generation grants for multiple skills like carpentry, fisheries, grocery Shops, and livestock in Punjab. Qatar Charity constructed Jamia Mosque in the district Sanghar which was destroyed during the floods 2022.



Kaneez's Story:



"I am delighted to say that I am the first female beneficiary of Qatar Charity to have my own bakery. As this business has opened employment opportunities for other deserving females. I pray for QC, which has provided me with this opportunity and become a ray of hope in my life." Kaneez Fatima smiled.





Promoting Afghan Refugees Education:

Efforts to boost Afghan children's education enrolled 3519 primary students in SRP and 1715 in ALP. Also, 1000 post-primary students transitioned to lower secondary grades with the support. Training involved 96 officials and 663 teachers, while ten schools received repairs for improved learning environments. These initiatives aimed to enhance educational opportunities for Afghan children.



Covid-19 Response 2022-2023:

In our COVID-19 response from 2022 to 2023, we distributed 10,500 hygiene kits and 5,250 MHM kits. We also made 4,484 psycho-social support referrals and conducted 2,043 health and hygiene sessions. Additionally, 600 individuals received training in home-based enterprise development, providing them with opportunities for sustainable livelihoods.



Flood Response 2023:

In our 2023 Flood Response, we installed 25 Water Filtration Plants, set up 30 new hand pumps, and rehabilitated 50 damaged water facilities. Additionally, we organized 120 Health & Hygiene Sessions, restored 347 affected businesses, and completed a flood protection wall to safeguard over 300 households.



Ruby's Story:

Ruby, a resilient 29-year-old Afghan, defied cultural norms by becoming a beautician, overcoming family opposition and depression. Relief International's program helped her start her business, earning 10,000-15,000 PKR monthly. She aims to empower more Afghan women, showcasing her remarkable journey of resilience and determination.



Right to Play

Right To Play celebrated the successful conclusion of 'Building Back Better' program in Karachi, fostering inclusive learning through play for school children in Islamabad and Sindh. The closing event, attended by government officials, academics, donors and singer Shehzad Roy showcased the transformative impact of play and education on children's lives.

In partnership with the Federal Directorate of Sports, Culture & Tourism and the Capital Development Authority, a stirring two-day U-16 Football Championship took place from 7th to 8th June, dedicated to commemorating World Environment Day 2023.

Right To Play International presented its significant impact at the International Play Association Triennial World Conference 2023, represented by Mr. Ali Khayam, Country Director Right To Play in Pakistan and Gillian McMahon, Executive Director, Right To Play UK.

Two remarkable 3-day Sports Leadership Camps for our exceptional group of 50 young female leaders were organized in May and June. These inspiring young women fully engaged themselves in a series of indoor and outdoor dynamic sessions designed to equip them with crucial leadership skills and ignite their determination to overcome barriers in the realm of sports.



Turning Struggles into Strength!



Gul Bibi's life was marked by hardships due to her father's paralysis, which led to financial struggles. Teasing and bullying became her way of seeking attention, earning her a troublesome reputation at school. Recognizing her needs, Right To Play's insightful coach devised a plan to empower her. Through roles in activities, her behavior shifted positively, making her helpful and friendly. Guided by her coach, she learned emotional management and handling danger. As a GOAL partner school student, her coach's leadership redirected her focus. Gul Bibi's passion for football emerged, providing an outlet for expression and solace. She developed social skills and community involvement, showcasing the transformative impact of Right To Play.



Save the Children

Cyclone Biparjoy Response:



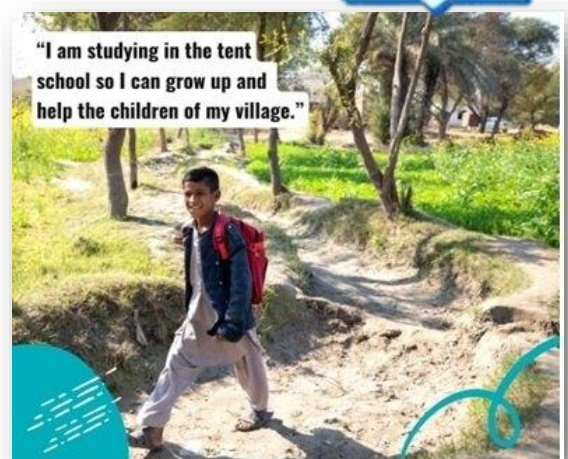
Save the Children responded to Cyclone Biparjoy in coordination with PDMA and provided relief items to evacuated families in Thatta and Sujjawal, including cooked food, rations, water, and hygiene kits.

- SCI Conducted 65 sessions on hygiene promotion and mental health support, trained 1,144 individuals in Education and Child Protection in Sindh and KP and held 6-day teacher training in Swat, focusing on pedagogy, crisis management, and school improvement.
- SCI Supported 2,800 flood-affected households with one-off cash assistance and offered primary healthcare, reproductive health, and nutrition services via units in Sindh and KPK.
- SCI Reached over 90,000 individuals, including adults and children, with healthcare services.
- Organized Youth and Child Led Consultations on Climate Crisis in Islamabad. These Consultations aimed to raise awareness and involve youth in addressing climate change and provided a platform for youth to share views and contribute to climate change policies.



Naveed's Story:

Naveed is a student of second grade studying in a Temporary Learning Center established by Save the Children in Khairpur Sindh, Pakistan. The floods washed away his school and damaged his home, leaving his family with limited sources of income. He remembers the time he went to the school built by his grandfather, where he felt happy. He hopes to carry on his grandfather's legacy to build a school for the children of his community when and Save the Children's intervention has ensured that he can continue his learning and bring him one step closer to fulfilling his dream.



Secours Islamique France Mission Pakistan, In Ramadan, distributed food packs benefitting 21,400 households along with Eid gifts in Islamabad, Sindh, KP and Balochistan. World Environment Day was celebrated at Iqra University Islamabad in collaboration with IUCN, IRM and HRDN. At Eid Ul Adha meat was distributed benefitting 57,938 households from Islamabad, KP, Balochistan and Sindh. World Youth Skills Day was celebrated in Islamabad with Orphan beneficiaries along with sessions on entrepreneurship and socio-psycho support.



21,400

Households Supported



SIF continued to implement a number of development projects in collaboration with WFP, UNHCR and CDCS French embassy along with its Internal funding project among which Livelihood, OSP, SMILE, BEST, ILM, LEAD and WASH continued to stand as flagship programs reshaping the future with sustainability.



A total of 9,130 individuals were supported during the reporting tenure through various interventions regarding disaster preparedness, rehabilitation and restoration of flood affected communities. Good hygienic practices were promoted with the construction of latrines and hygiene promotion sessions. Sensitization on solid waste management was done. Equipped youth with employable skills including digital business training, entrepreneurship for women, and access to interest-free loans to stimulate social enterprise and economic growth. Climate friendly campaigns were conducted along with capacity strengthening on kitchen gardening and climate SMART agricultural techniques. A significant achievement was the manufacturing of waste bins from recycled plastic pallets. Farmers were supported through the provision of agricultural inputs, trainings on production of cotton, provision of vegetable seeds and preparation and distribution of bio-neem compost. Community Livestock Extension Worker Training has elevated local livestock management practices.



Facilitated Individuals

9,130



Kesari's Story:

"After years of extensive physical work, it is difficult for me to do more at this age due to severe joint pain," Kesari complained about her deteriorating health. Despite being physically weak, she wanted to resume the labour work upon returning to her damaged house after 2 months of staying in a temporary shelter.

Kesar, 48, from Mirpurkhas was selected to receive a multi-purpose cash grant by Tearfund's implementing SSEWA-PAK to help her restore life. With the money she was able to open a small shop.

"I have a big family to take care of. I cannot sit idle, waiting for people to help us. Thankfully, I have a shop now. I am earning better than being a labourer," shares Kesari..



WaterAid's HerWASH project in District Thatta, Sindh:

- Rehabilitated 19 schools and 3 healthcare facilities with women/girl friendly toilets. 
- Upgraded 08 WASH4Work sites, including public offices and schools, with handwashing stations and water connections. 
- Trained 70 engineers from SE&LD on designing inclusive WASH facilities in schools. 

WaterAid's "Envisioning and catalysing PATS plus for SDG 6" project in District Badin:

- Formed 410 WASH committees for community sensitization.
- Trained 187 Community Resource Persons, who conducted 1122 hygiene sessions benefiting 28,917 participants.
- Prepared community action plans for low-cost climate resilient latrine construction.
- Built 100 demo latrines and facilitated 575 self-help latrine constructions.
- Installed 30 communal handpumps, benefiting 1800 community members.
- Established and trained 40 school WASH clubs.

Parveen's Story:



Parveen Sheikh, once bound by societal norms, broke free to become a Lady Health Worker (LHW). Through her dedication, she thrived in her role, visiting households weekly and making a difference in her community.

Participating in MHM champions training through the HerWASH Project transformed her perspective on menstrual hygiene. Parveen started educating women about MHM, even teaching them to make reusable pads. She overcame resistance with empathy and shared her personal experiences.

Parveen's ultimate goal is to provide her daughter with opportunities she didn't have. Supported by her husband, she's become a respected figure in her community, dedicated to positive change.



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