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About US Pakistan Humanitarian Forum (PHF)

Visit our website

Pakistan Humanitarian forum (PHF) envisions a society where all communities have access to effective assistance and services, through strengthened collaboration between the government, national civil society, and the international community.

PHF is a coordination forum of more than forty International Non-Governmental Organizations INGOs working in Pakistan, serving as a central collection point for relevant emerging information - through connections with a broad sector of the humanitarian community and standing seats at UN and government coordination fora at the national and provincial level.

PHF was established as an independent forum in 2003, to represent, facilitate and support humanitarian assistance and long-term development programming initiatives of its member INGOs) working in Pakistan. PHF is supported by a permanent Secretariat which was established in 2011.





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PHF Member Organizations

PHF has a membership of 38 international NGOs working to deliver humanitarian assistance and long-term development programming in Pakistan. PHF members work in areas of health, poverty reduction, education, water, sanitation and hygiene, climate change, disaster risk reduction/management, agriculture, food and shelter across Pakistan.





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Flood response in Sindh

Care International Pakistan (CIP) provided emergency assistance to people affected by floods in District Umerkot, Sindh through its local implementing partner. 600 families received food assistance, NFIs, Hygiene & MHM kits and mosquito nets. Moreover, 20,000 individuals received safe drinking water for one month. PPEs were provided to 2,000 people and a mass media Risk Communication Campaign was also run on floods and COVID-19.

Flood response in Punjab

CIP provided emergency assistance to people affected by floods in District Muzaffargarh, Punjab.

Food baskets, hygiene and MHM Kits were distributed to 800 families. Livestock was treated for the selected 800 families. 2400 individuals received much needed medical assistance and medicines. Risk communication was done through community sessions, radio messages and distribution of IEC materials in the community.

Emergency response to COVID-19 affected communities in KP

Food packages and Hygiene Kits were provided to 4,000 vulnerable families, particularly daily wage workers and female-headed households in Pishtakhara, Nahaki, Tahkal, Gulbela and Peshawar in KP in partnership with local NGO.

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As part of the campaign to raise awareness about COVID-19 prevention measures, radio messages were broadcasted through Radio Pakistan.

Emergency response to COVID-19 affected communities in Balochistan

CIP distributed food packages and Hygiene Kits to 1,100 households, through its local implementing partner. 600 households were provided poultry kits and poultry management trainings. 250 vulnerable households received dairy goat packages which included 1 male and 1 female goat. Kitchen gardening kits and trainings were provided to 150 selected households. 500 farmers received Mott Elephant Grass cutting (Pennisetum Purpureum Sechum) and trainings to ensure availability and management of fodder for livestock. Moreover, 7,142 households were targeted for awareness on nutrition, PSEA, GBV and COVID-19 risk prevention and response through mass media (FM Radio), IEC materials (posters, banners, leaflets) and face to face sessions.



Strengthening government health system and providing immediate emergency response to contain outbreak of COVID-19 across Pakistan

CIP has made tremendous efforts in strengthening government health systems in Lahore, Gujranwala, Hafizabad, Multan, (Punjab), Pishin, Quetta, Qilla Abdulla (Baluchistan),

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Karachi East and Malir, Ghotki, Khairpur (Sindh), Peshawar, Swat, Abbottabad, Mansehra (KPK) through its implementing partners, reaching a total of 1.23 million beneficiaries.

Soaps were provided to 17,820 households twice during the project, including demonstrations on use during distributions.

176 of non-functional/less utilized pour flush latrines will be rehabilitated in the 44 target hospitals in 14 districts. 176 inclusive handwashing stations will be provided to 44 hospitals

with availability of water across 15 districts. Community based hygiene and infection-prevention messages will be provided with awareness raising on nutrition and DRR along with GBV to the target communities.

Radio Pakistan will be engaged to air Government of Pakistan's approved messages on risk and prevention from the virus on daily basis. Posters and banners will be displayed in waiting areas of targeted health facilities to raise awareness regarding risk and prevention from the virus. An IEC tool kit was provided to hospitals as part of the awareness campaign.

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Lifesaving food ration assistance for Covid-19 affected families in Peshawar

Meal Assistant conducting verification during Spot check- CIP

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Spotlight



Lifesaving food ration assistance for Covid-19 affected families in Peshawar

"When the lockdown was announced we had lost our means of survival. I was the only person working as labourer in a building under construction to support my family of 10 persons" says Muhammad, 17-year-old resident of Peshawar, with uncertainty in his eyes clearly visible.

According to ILO, due to the economic crisis created by the pandemic, almost 1.6 billion informal economy workers (representing the most vulnerable in the labour market), out of a worldwide total of two billion and a global workforce of 3.3 billion, have suffered massive damage to their capacity to earn a living. This is due to lockdown measures and because they work in the hardest-hit sectors. Without alternative income sources, these workers and their families will have no means to survive. Children like Muhammad are particularly at risk.

Stories of Impact



"My father is a heart patient from the past 5 years, so as the elder son I had to take the responsibility of earning and taking care of my father; due to this, I also had to drop out of school" he says.

Muhammad lost his job as daily wage worker during lockdown and Muhammad struggled to provide enough food for himself and his family.

"My father is a heart patient from the past 5 years, so as an elder son I had to take the responsibility of earning and taking care of my father, due to this, I also had to drop out of school" Muhammad

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Muhammad used to rely on charity to feed his family like many other deserving people. Now, thanks to a project run by local partner and supported by Care International in Pakistan, he was selected to receive food ration, which provides enough food for two months.

"The food package was like a miracle for me and my family in this crucial time."

Muhammad

Food packages were distributed to protect vulnerable community members from starvation due to absence of livelihood options and food insecurity.

Stories of Impact

"The food package was like a miracle for me and my family in this crucial time." says Muhammad.

The project adopted Door to Door (DTD) mechanism for distribution of food packages and hygiene kits. This approach ensured adherence to government prescribed social distancing, so that the beneficiaries were not exposed to the virus while receiving the goods.

Muhammad can feed his family now with the help of food ration provided to him. His brothers and sisters get three meals a day and their diet is more varied ."I dropped out of class IV to support my family but I always wanted to resume my education, as I wanted to become a doctor. Now I would want my brother and sister to pursue their education after schools are reopened" says Muhamad.





Cesvi empowering the vulnerable communities during COVID-19 and flood emergencies

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Provision of essential lifesaving medical equipment to healthcare facilities and training to the healthcare staff in KP

As part of the ECHO-funded COVID response, Cesvi supported the KP Health Department and PDMA in establishing/strengthening High Dependency Units (HDUs) and Intensive Care Units (ICUs) in six marginalized districts of D.I Khan, Bannu, Orakzai, Nowshera, Haripur, and Kohat, targeting 177,342 beneficiaries. This was done through the provision of vital life-saving medical equipment utilized for COVID-19 treatment,

which included BiPAP machines, cardiac monitors, defibrillators, ABG machines, and oxygen concentrators. Cesvi also provided training and refresher sessions to healthcare staff in the target facilities on proper use of provided machines to build the capacity of the healthcare staff.



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RCCE campaign across KP for COVID response

Cesvi launched a comprehensive Risk Communication and Community Engagement (RCCE) campaign in coordination with PDMA KP, targeting 593,545 beneficiaries. 250 banners and 25 billboards were used across 17 districts of KP to promote COVID-19 awareness and preventive measures. The campaign also utilized local radio channels to broadcast 50 messages per day for two months, reaching hundreds of thousands all over KP.

Flood response in Sindh through provision of clean drinking water

The flood-affected communities lack access to clean drinking water due to contamination of available water and disruption in existing water supply distribution networks. Therefore, one of Cesvi's flood response interventions is to provide clean drinking water through installation of four mobile Reverse Osmosis (RO) plants in camps and settlements. Cesvi is utilizing RO plants available locally to meet drinking water needs of 10.500 individuals of affected communities efficiently and effectively across Umerkot and Tharparkar, Sindh.

Flood response through provision of shelter repair material and tools kits

The devastating floods left countless in Sindh without a proper roof over their heads. The floods left families vulnerable, in Umerkot and Tharparkar, Sindh; forcing them to sleep out in the open or in cramped tents. Through its ECHO-funded flood response, Cesvi is providing 2000 shelter repair kits along with IEC material, targeting 7,000 beneficiaries to

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enable them to rebuild and rehabilitate their homes with quality material. The beneficiaries are also being given training sessions on how to use the tools and materials and rehabilitate their houses, allowing families to build back safer and more durable structures.

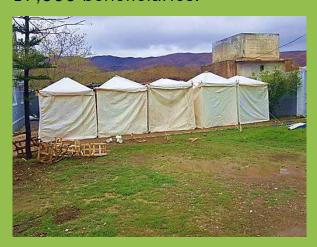
Provision of solar lights and mobile phone charging packs in Sindh

The power outages resulting from monsoon rains and floods pose protection risks for the affected families in Umerkot and Tharparkar, Sindh. Cesvi's flood response intervention includes provision of solar lights and mobile charging packs to 17,500 beneficiaries. This provided families with a cost effective and reliable light source, as well as charging panels to keep them connected with the rest of the world despite power outages, which is even more crucial in the aftermath of a crisis...

Provision of comprehensive WASH NFI kits

Living in cramped temporary settlements without most of their

belongings, thousands of floodaffected families in Umerkot and Tharparkar, Sindh did not have access to or the means to buy hygiene or sanitation items to meet their WASH needs. Hence, Cesvi provided WASH NFI kits to 3,500 vulnerable families and 17,500 beneficiaries.



Provision of portable emergency toilets

Widespread damages to existing sanitation facilities and inevitable practice of open defecation by the flood-affected communities exposed communities to heightened health risks, including water-borne diseases in Umerkot and Tharparkar, Sindh. Hence, Cesvi is providing 250 emergency portable toilets as a short-term support to encourage better hygiene and consequently better health, which will benefit 1,500 households and 10,500 beneficiaries.

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Provision of PPEs to healthcare workers and front-line staff

The stress on public health system in Sindh due to COVID-19 further intensified after the massive floods. Increased patient load in the aftermath of floods resulted in shortage of PPEs for the healthcare workers and frontline staff.

To meet this need, Cesvi is providing PPEs to 20 flood-affected hospitals and relief workers engaged in on-going flood response in the target areas of five districts in Sindh: Umerkot, Tharparkar, Mirpurkhas, Dadu, and Sujawal.



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Spotlight



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Strengthening the capacity of government hospital Bannu, KP

Khalifa Gull Nawaz Memorial Hospital is one of the biggest hospitals in District Bannu in southern KP, which provides health care services to people coming from North Waziristan, Karak, Lakki Marwat and South Waziristan. The catchment population is almost 200,200, while daily turnover of patients visiting the facility is 650-700 per day.

On detailed assessment of the health facility, we found that a small part of a ward was designated as High Dependency Unit (HDU)/Isolation Ward for COVID with limited and insufficient medical equipment. There was a competent panel of consultants including pulmonologist, cardiologist, pediatrician, general physician and paramedical staff, but due to insufficient stock of essential medical equipment, they

Stories of Impact





were unable to cater to the full load of COVID cases in their area. Due to this, majority of the serious COVID cases were referred to Peshawar.

As per the request of Director General Health (KP), Cesvi, through its ECHO-funded COVID-19 response, strengthened the health facility and provided them 10 BiPAPs, 10 Cardiac Monitors, 15 Oxygen Concentrators, 02 ABG Machines and 02 Defibrillators along with due orientation and training of relevant staff exclusively for management of COVID cases.

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Getting inspiration from this contribution by Cesvi, the hospital director established a new, well-equipped, and separate designated unit within the premises with special measures for COVID management and installed all essential medical equipment over there.

Cesvi strengthened the hospital in September 2020. Since then, none of the COVID cases have been referred to Peshawar. This fully functional new HDU can treat and successfully manage all the COVID patients that come to this hospital.



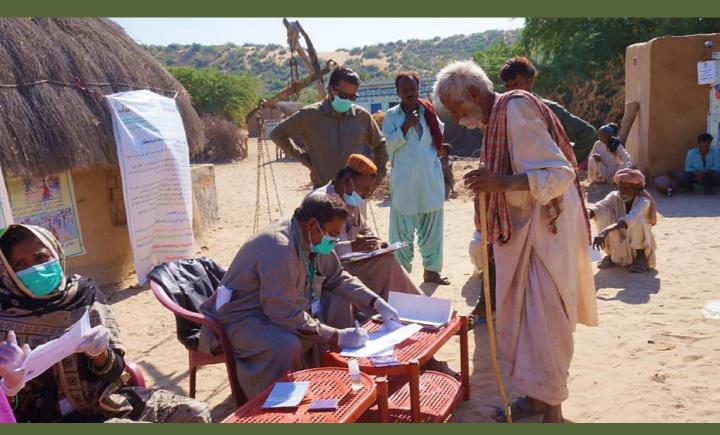


Cesvi strengthened the hospital in September 2020. Since then, none of the COVID cases have been referred to Peshawar. This fully functional new HDU can treat and successfully manage all the COVID patients that come to this hospital.





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Provision of cash grants

DKH provided cash grants of 7,500 PKR per family for period of one month to 1,500 households through its local implementing partner in Islamabad, Rawalpindi & Muzaffarabad to meet their food needs for one month.

Capacity building of frontline workers

Capacity building and awareness sessions were conducted for 3,000 frontline workers for COVID-19, primarily focusing on their vulnerability to the pandemic and

safety measures in Islamabad and Rawalpindi through partnership with a local NGO. 1,500 PPEs kits were also distributed after the sessions to the frontline workers, mainly medical and sanitary staff which included surgical gloves, surgical/N95 masks, surgical gowns and hand sanitizers. The project team provided these kits after receiving request from the local health department to fight against the COVID -19 pandemic.

Hygiene sessions

During the month of October 2020, DKH conducted 20 health and hygiene sessions for men, women, and school children in 20

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targeted villages of Union Council Vejhiar, Tehsil Mithi District Tharparkar, Sindh. A total of 1,485 beneficiaries were given hygiene sessions.

Repair/improve and installation of 05 water filtration plants

Five government water filtration plants/schemes are being repaired as part of rehabilitation efforts to ensure access to clean drinking water by the local communities, targeting 38,000 beneficiaries in Islamabad. These schemes are being rehabilitated after receiving numerous requests from local government to ensure improved access of communities to the water supply schemes.





Construction of latrines

DKH in collaboration with local partner is providing construction material and labor cost to 800 households in the selected 20 villages of Union Council Vejhiar, Tehsil Mithi District Tharparkar, Sindh, targeting a total of 1,485 beneficiaries. The aim of the programme is to improve sanitary conditions of the communities and to reduce expenditure on

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sickness and other associated diseases caused by un-hygienic living. Through construction of latrines at the household level, the target households are learning to avoid open defecation that causes transmission of germs among the local community members.

Engagement of Clean Green Champions/ public offices staff to increase awareness at community level through different methods

DKH in collaboration with local partner is working with 40 Clean Green Champions, which is a major program under the Clean Green Pakistan Movement (CGPM) launched by Mr. Imran Khan, the Prime Minister of Pakistan, to ensure support of citizens to the civic bodies for this national effort. A small stipend is also being provided in recognition of their services at the local level to bring a change through verifying their contributions. These volunteers are working in Islamabad, Rawalpindi and Muzaffarabad, AJK. The Clean Green Champions are working in their respective areas on the following key five pillars of Clean Green Pakistan Movement.

- 1. Hygiene
- 2. Safe sanitation and liquid waste management
- 3. Solid waste management
- 4. Safe water
- 5. Plantation

Community Led Total Sanitation Triggering Sessions (CLTS) Refresher

DKH has installed 10 solar submersible water pumps in the target villages of Union Council Vejhiar, Tehsil Mithi District Tharparkar, Sindh to meet the water needs of 600 drought affected families. These water pumps have significantly reduced the time, level of effort, and number of people required to fetch water from a well in a traditional manner. A local committee has been trained to ensure operations and maintenance of the water pumps through contributing their share of 100 PKR for each household monthly.





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Kitchen gardening awareness sessions

During the months of October and November 2020, 1,000 females (one female from each family) received three types of seeds for kitchen

gardening in villages of Union Council Vejhiar, Tehsil Mithi District Tharparkar, Sindh from DKH in partnership with local NGO.



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A village woman watering her kitchen garden in Village Sakrio Old Bheel_UC Vejhiar,District Tharparkar,Sindh-DKH

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Spotlight



Water is life DKH brings a smile on the face of Momal and her family



Life was miserable for Momal, a mother of four (3 girls and 1 boy), living with her husband. Her daily job besides household chores includes fetching water from a traditional dug well, half a kilometer away from her home.

This traditional dug well is more than 200 hundred feet deep with a rope attached to a rotational wooden log. It is used to pull a

Stories of Impact

Diakonie ** Katastrophenhilfe

rubber pot of water while a few people pull the rope. Her life was changed when she came to know that a local humanitarian organization has installed two solar submersible water pumps in her village "Sakrio Old" to meet personal and domestic water needs of 150 households. This area is mainly a rain-fed area and each year a large number of people affected by drought migrate to the nearby barrage in search for fodder and water for their families and animals. Due to lack of attention by the government departments, very less development work has been done in these areas to minimize their sufferings related to drought and seasonal migration.

DKH has installed eight more solar submersible water-pumps in other drought affected villages as part of their project

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titled "Integrated Emergency Response through WASH, Livelihood and Food Security Intervention to COVID-19 and Drought affected communities in District Tharparkar, Sindh Pakistan'

Before installation of solar water pump in our village, it would normally take more than 1 hour to go there, get water, and come back home, but now it only takes 15 minutes to fetch water with my children. Now there is no manpower required to pull the rope from a traditional well.

-Momal

There are hundreds of women like Momal, whose lives have been transformed with the installation of a solar submersible water pumps in their village. Now these women can save more time to spend in income generating activities.

Momal has also learnt that it is important to contribute 100 rupees each month as a fund to

Stories of Impact

Diakonie Ratastrophenhilfe



ensure operations and maintenance of the water pump, in case it requires any maintenance.

Ever since one of the few and perhaps most innovative solar-powered pumps started pulling out water for the people of village Sakario Old in Tharparkar District, Sindh, life has changed for the residents. For the women of this village who normally spent an average of four hours every time they went to fetch water from wells, the solar pump is Godsent.

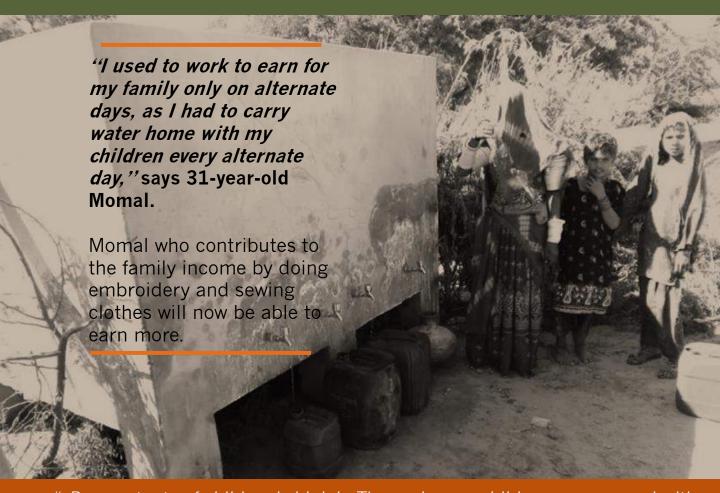
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Diakonie ** Katastrophenhilfe



"Drop-out rate of children is high in Tharparkar, as children are engaged with their families in a time-consuming task of fetching water for their families. With the installation of a solar submersible water pumps, we can send our children to school to get education."

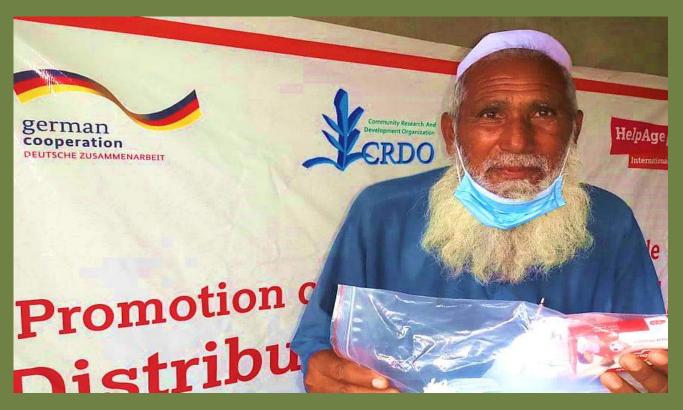
-Kanji Mall - Village Committee Member



HelpAge supporting communities in the fight against COVID-19

Atta used credit to transform his livelihood in Pakistan-HelpAge International

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Provision of hygiene kits to older people in Nowshera

Under Covid- 19 response, HelpAge International with the support of Federal Ministry of Economic Cooperation and Development, Social Welfare Department, Government of Khyber Pakhtunkhwa Community Research & Development Organization, (BMZ), Germany, provided hygiene kits to 1,879 older men and women of 50 Older People Associations in Peshawar and Nowshera.

Provision of food packs and hygiene kits

HelpAge International with the support of Federal Ministry of Economic Cooperation and Development (BMZ), Germany, provided food packs and hygiene kits to 230 older men and women of 10 Older People Associations in Karachi.

Training of old age homes' staff on psychosocial first aid

50 caregivers of 12 old age homes were trained in Karachi, Sindh on Psychosocial first aid, in collaboration with Department of

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Social Welfare, Government of Sindh and Foundation for Ageing & Inclusive Development.

Awareness raising on COVID-19

Awareness raising was done through radio messages in Sindhi and Urdu languages. Covid precautionary messages focused on older people were disseminated through radio, in collaboration with Department of Social Welfare, Government of Sindh and Foundation for Ageing & Inclusive Development.

Installation of hand washing stations

Accessible handwashing stations were installed in 12 old age homes in Karachi, Sindh, under COVID-19 response, in collaboration with Department of Social Welfare, Government of Sindh and local NGO.



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Capacity building of government school teachers

In response to COVID 19, HOPE'87 assisted Ministry of Elementary & Secondary Education (MoE&SE), KP by training of 11,578 government primary & middle school teachers on Mental Health & Psycho-Social Support, school sanitation, hygiene education & SoPs for safe reopening of schools in Districts Peshawar & Swat, KP.

Capacity building of community school teachers

In response to COVID 19, HOPE'87 assisted KP Elementary & Secondary Education Foundation (ESEF) by training of 403 Girls Community School teachers on Mental Health & Psycho-Social Support, school sanitation, hygiene education & SoPs for safe reopening of schools in Districts Swat, Peshawar and DI Khan, KP.

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At least 36,536 students are benefitting from provision of hand washing stations which is promoting hand & respiratory hygiene and improving overall hygiene facilities in schools in Districts Peshawar, Swat, DI Khan, Khyber, Mohmand, Lakki Marwat, Bajaur, Shangla of KP.

Provision of handwashing stations in community schools of ESEF & NCHD

HOPE'87 provided hand washing stations in 604 community schools of National Commission for Human Development (NCHD) and Elementary & Secondary Education Foundation (ESEF).

Training of community feeder school teachers

In response to COVID 19, HOPE' 87 has assisted National Commission for Human Development (NCHD) by training 520 Community Feeder School Teachers on Mental Health & Psycho-Social Support, school sanitation, hygiene education & SOPs for safe reopening of schools in all districts of KP.

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Capacity building of field officers of National Commission for Human Development (NCHD) on Community Management Skills, School Health Program (SHP) and Psycho-Social Support

HOPE' 87 conducted a five-day comprehensive training of NCHD field officers across KP on Community Management Skills (CMS), School Health Program (SHP) and Psycho-Social Support (PSS). A total of 133 officers have been trained and they are conducting health screening of students (24,000 +) of NCHD Community Feeder Schools across KP.

Community outreach program

HOPE'87 in partnership with Elementary & Secondary Education Foundation (ESEF). hired 49 CFW staff for the identification of hotspots/potential locations for establishment of Girls Community Schools. The staff conducted 492 feasibility surveys in 5 target districts of the project. The feasibility reports have been submitted to provincial office of Elementary & Secondary **Education Foundation for opening** of new 492 schools/additional classrooms that will benefit 14,760 students in Peshawar, Swat, Buner, Shangla, DI Khan, KP.

Development of Management Information System (MIS) for digitization of ESEF activities

HOPE'87 has designed a webbased management information system for student/beneficiary verifications of Elementary and Secondary Education Foundation (E&SEF) of Khyber Pakhtunkhwa (KP). The management information system will record children enrolled at non-formal schools as well as the students

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enrolled at low-cost private schools through Education Voucher Scheme (EVS) in all districts of the province.

Establishment of Sustainable Development Goals (SDG 4) Cell at KP Elementary & Secondary Education Department (E&SED)

Sustainable Development Goals (SDG-4) cell has been established at E&SED of Ministry of Elementary & Secondary Education (MoE&SE) with support of HOPE'87 in Peshawar, KP. The SDG-4 cell will support in keeping a monitoring mechanism in place, in line with the SDG reporting indicators, together with devising a systemic framework on tracking and reporting of SDG-4 indicators.



Early Grade Reading Assessment (EGRA) and Early Grade Mathematical Assessment (EGMA) Survey in Community Schools of ESEF

HOPE'87 in partnership with Elementary & Secondary Education Foundation (ESEF) conducted a detailed Early **Grade Reading Assessment** (EGRA) and Early Grade Mathematical Assessment (EGMA) with students of Girls Community Schools in Peshawar, Swat, DI Khan, Buner, Battagram, Shangla, Abbottabad and Mansehra. The purpose of EGRA and EGMA survey was to assess basic competencies that a child must have as the foundation of successful education i.e. being able to read fluently with comprehension and perform basic mathematics functions. The survey was focused on students' loss of learning due to school closure for 6-7 months and to make a comparison with Pre EGRA/EGMA survey conducted in November 2019.

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Commission for Human Development (NCHD) on Community Management Skills, School Health Program (SHP) and Psycho-Social Support

HOPE'87 conducted a five-day comprehensive training of NCHD Field Officers across KP on Community Management Skills (CMS), School Health Program (SHP) and Psycho-Social Support (PSS). A total of 133 officers have been trained who are conducting health screening of students (24,000 +) of NCHD Community Feeder Schools across KP.

Ensuring continuity of education for vulnerable children

NCHD and ESEF with support of HOPE'87 are ensuring continuity of 81,647 children of vulnerable children in project target districts by provision of safe learning spaces, supporting teachers for better learning outcomes, psycho-social support

to teachers and students, childfriendly, welcoming, violence-free environment, provision of Teaching Learning Material (TLM), and provision of WASH facilities in community schools etc.

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Providing access to safe and quality education in the newly merged District Bajaur

Students of CFS Garhi Bagh attending a Math class. Hope'87

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Spotlight



Providing access to safe and quality education in the newly merged District Bajaur

In Pakistan, most of tribal areas do not have access to safe and quality education. Literacy rate of the newly merged districts (ex-FATA) of Khyber Pakhtunkhwa province is quite poor, being only 33% out of which only 13% of them are girls. Gardi Bagh is a remote village of the newly merged District Bajaur and is adjacent to PaK-Afghan border. There are 58 households in this village. Due to non-availability of schools in the village, approximately 78 children were unable to get proper education. The nearest schools to the village are the Government Primary Schools, Gardi Bagh, which are almost 2 km away from the village. Due to long distances to educational institutes, and security threats, access to the institutions becomes challenging, especially for girls, who are not allowed to travel unaccompanied.

Stories of Impact



The people of Gardi Bagh understand the importance of education and wanted to equip their daughters with safe quality education close to their homes. In this regard, the villagers wrote an application to the Assistant Director of the National Commission for Human Development (NCHD), Bajaur, for the establishment of a school in their village. NCHD is a federal government statutory organization that has been working in Pakistan under education in emergency (EiE) field for the provision of quality education.

Establishment of Feeder School in Bajaur

After receiving application from villagers, AD followed INEE's analysis standard 1 and visited Gardi Bagh for the verification.

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Stories of Impact







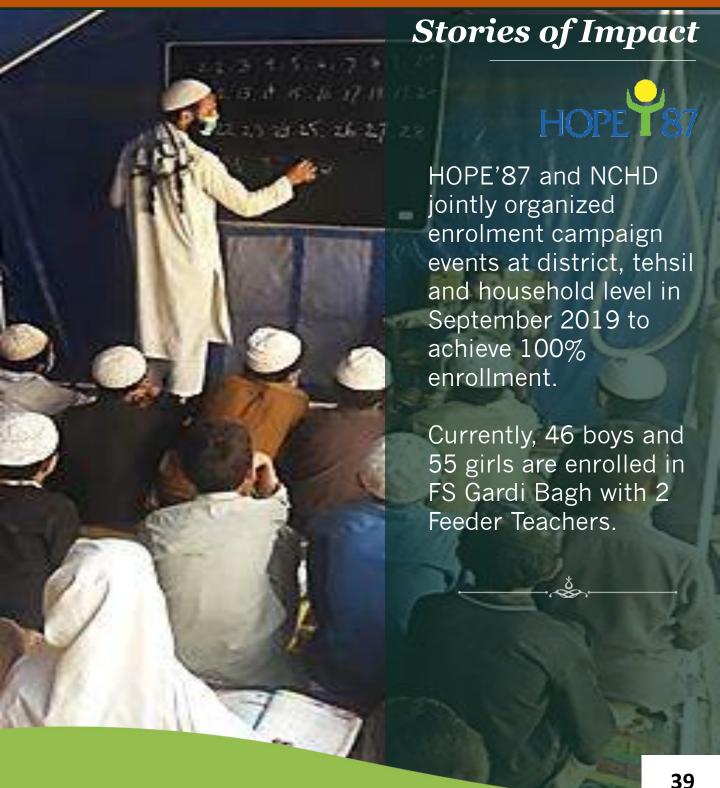
INEE's community participation standard 1 and 2 were used to involve community members for establishment of the school. Volunteer teachers were selected as per the INEE's teachers and other education personnel standard 1.

HOPE'87 and NCHD jointly organized enrollment campaign events at district, tehsil and household level in September 2019 to achieve 100% enrolment. After the successful enrolment campaign, Feeder School (FS) Gardi Bagh was established in October, 2019. The FS Gardi bagh is now helping both boys and girls to get quality education. Currently, 46 boys and 55 girls are enrolled in FS Gardi Bagh with 2 Feeder Teachers.

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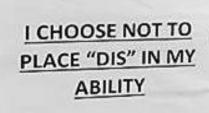






International Medical Corps
working for women's and children's
health including Gender-based Corps
Violence Protection and Response





د معيوبينو نړيواله ورځ



A community member in Khyber Pakhtunkhwa province shows his support for people with disabilities onInternational Day of Disabled Persons- IMC

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Gender Equity

International Medical Corps considers women's and children's health a key priority for healthy communities. Because women constitute the foundation of both families and communities, their well-being is essential for the success of those around them. Considering that well-being is a central challenge of women's and children's healthcare in most communities.

Gender-based Violence prevention & response

Gender-based violence is a pervasive public health and human rights problem, affecting the physical and psychological health

of survivors, as well as the health and well-being of families and communities. Women and girls are particularly vulnerable to violence in emergency settings, when risks are compounded at the very time support systems are interrupted.

International Medical Corps works with communities to address these risks and combat beliefs and practices that perpetuate violence against women and girls. International Medical Corps is also a leading agency in the delivery of quality, focused support services for survivors of gender-based violence. IMC tailor support services to different cultures and contexts, helping survivors to recover from traumatic experiences and safely reintegrate into communities.

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16 days of Activism against Gender- Based Violence Campaign

International Medical Corps' Pakistan office kicked off this year's global 16 Days of Activism Against Gender-Based Violence (GBV) campaign on November 25, 2020 and concluded on December 10, 2020 in KP.



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During the campaign, the team hosted a series of dialogues and other activities to foster community collaboration on overall GBV prevention and COVID-19 impact on GBV, targeting around 400 beneficiaries. The team also recognized international days commemorating human rights, people with disabilities and AIDS, noting the connection between these issues and GBV. Given the severity of the pandemic, all



activities followed standard COVID-19 operating procedures and preventive measures recommended by the government and WHO.

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Men Championing Women's Rights During the Pandemic

Jamil-ur-Rehman, 32, being a differently-abled child, was raised in a toxic, discriminatory and often-times violent environment. in a society which is strongly biased towards individuals with disabilities. He always wanted to transform his circumstances and the perspectives around his disability but did not know how. "I still remember the day when a friend of mine introduced me to the International Medical Corps and its work around GSG in January 2019. For the first time, I felt I can do something...something to aspire, change and make a difference," Jamil said.

Jamil is married with 2 children and lives in refugee village Chakdara, District Lower-Dir, KP. He is a member of community-based group of volunteers known as Gender Support Group (GSG) for the prevention of Gender Based Violence (GBV). Gender Support Group is a part of the three-year project called

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"Expanding MHPSS and Strengthening GBV Prevention and Response for Afghan Refugees in KP Province", funded by Bureau of Population, Refugees, and Migration (PRM). It aims to increase the utilization of GBV prevention and response services integrated with mental health and psychosocial support services for Afghan refugees in selected Refugee Villages, as well as community members for the improved protection status of women and girls.

"I still remember the day when a friend of mine introduced me to the International Medical Corps and its work around GSG in January 2019. For the first time, I felt I can do something...something to aspire, change and make a difference," Jamil

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Impact of COVID-19





COVID-19 has greatly influenced community well-being and increased the risks of gender-based violence (GBV) in communities and is expected to have long term negative consequences for people, their families and communities.

Those who are directly affected may be reluctant to report the abuse because of fear, influence and power differences between victims and perpetrators of

abuse during these challenging times.

Pre-existing economic and social stress in the refugee communities and further fear and anxiety caused by the pandemic, coupled with limited movement and social isolation measures, have led to an increase in GBV incidents. Growing up in an environment where women always felt discriminated and alienated from household decision making was something

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Jamil could relate to, as a physically challenged adult.

That is the reason he feels so strong for the cause and decided to join the voice for women's rights. Through GSG he has been sensitized on gender-based violence, its causes and consequences, human rights and harmful traditional practices.

Jamil shared, "When government announced complete lockdown, I felt there is a need to raise awareness about the issue of gender-based violence during pandemic as well as about the practices that can replace the conventional in-person support".

During the pandemic, he continued to raise awareness online on GBV and provided telephonic services for those seeking psychological first



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aid, counseling, or any other kind of support with the help of International Medical Corps' Project, funded by PRM.

Since the COVID-19 outbreak, he is actively engaged in different activities and provides help to the communities who feel disconnected from their support networks to reduce the prevalence of gender-based violence in communities.





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Increasing capacities in health

As part of IRC's COVID response, Hospital Nishterabad (Peshawar, KP), Sheikh Khalifa Bin Zayyed Al Nahyan Medical Complex (Quetta, Balochistan) and Layari General Hospital (Karachi, Sindh) have been providing full time proposed services to manage suspected and/or confirmed cases of COVID-19. The designated centers have been equipped with required patient beds/furniture, vital equipment: pulse oximeter, ABG machines, infusion pumps, continuous oxygen supply line, including essential diagnostic

services for effective management of admitted patients. Frontline healthcare workers have also been trained on ensuring stringent IPC protocols (Infection, Prevention and Control, Management) for cases admitted at the respective centers. While at designated sites, 03 ICU & HDU units have also been established/supported that are almost renovated and are providing services to high risk and critical care patients.

Infection Prevention and Control (IPC) SOPs are being followed on all sites. 75 staff members of Peshawar and Quetta have also been trained on the desired

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IPC and case management of complicated cases, hypoxemic respiratory failure, and acute respiratory distress syndrome (ARDS), management of septic shock and prevention of complications and essential medicines and consumables required for management of such cases. Karachi's staff training is currently underway. IPC related IEC material for health care workers/providers has been developed and displayed at respective sites.

On request of Health Department, Sindh, a state of the art, level II PCR laboratory at Layari General Hospital, Karachi has been established and is now fully operational. This will strongly enhance testing capacity of health department in satellite facilities based around the laboratory. Until Dec 2020 45,000 PCR diagnostic kits have been procured and provided to designated laboratories, Public Health Laboratory Khyber Medical University (Peshawar), Sheikh Zayyed Medical Complex (Quetta) and Layari General Hospital (Karachi) for increasing testing capacity of suspected COVID-19 cases.

After critical analysis of ongoing 2nd wave's positivity rate the facility for Karachi has been phased out on Dec 31, 2020 while center in KP has been scaled up and Quetta is currently retaining its function. Up till now, more than 156 patients have been admitted to our ICU/HDU centers, 360 patients in isolation ward, 2,773 were given services in homebased care, 3,361 patients have been provided with mental health and psychosocial support, and more than 48,000 COVID tests were carried out along with mass awareness activities all over Pakistan. These actions are being closely implemented in coordination with key government counterparts including Ministry of National Health Services. Regulation and Coordination (MoNHS, R&C), National Institute for Health (NIH) and provincial and district departments of health.

Economic well-being

IRC has targeted the most vulnerable communities living in COVID-19 hotspots in KP and Sindh provinces. Along with the PPE distribution, IRC has created wage-based job opportunities for 70 locally trained skilled women

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IRC Pakistan has been providing cash payments to vulnerable, poverty-stricken families, to alleviate the impact of the Coronavirus outbreak, locusts attack and floods in the country through the following interventions:

- •Disbursed PKR 12,000/family to 3,250 households in Dadu (Sindh) and Jhal Magsi (Balochistan).
- •Provided cash assistance to vulnerable families in COVID affected areas of Sindh and KP to meet essential food and non-food needs. Under this grant PKR 8,000 were

provided to 12,687 most vulnerable families.

- •PKR 7,500 were provided to 4,701 households in districts of Ghotki and Dadu in Sindh province.
- •Another 47,088 households will receive one time cash payments in Jhal Magsi and Chaghi Districts in Balochistan and Peshawar, Swat, and DI Khan in Khyber Pakhtunkhwa. 40% of the clients will be identified using Government's BISP, NSER, and EHSAS data will receive PKR10,500 per household each while the other 60% vulnerable households identified in collaboration with local communities will receive PKR22,500 per household.

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Environmental health

Environmental health interventions have been implemented in coordination with relevant government departments (Health, LGRDD, District Administrations) across all targeted areas. At the National Level, the IRC is engaged with the National Institute of Health (NIH) – which is coordinating the response to COVID-19 in the country – as well as the National and Provincial Disaster Management Authorities.

- •Installation of Hand Washing Stations in schools/health and public places
- •Distribution of Dignity Kits to the most vulnerable women and girls
- •Engagement with religious leaders and gender minorities for face-to-face awareness raising session.
- •Disinfection of public places through Tehsil Municipal Authorities (TMAs)
- Provision of permanent Water and Sanitation facilities at health centers (BHUs, THQs, DHQs) and schools
- •Awareness raising campaigns through print and electronic media (Radio, TV and Cable)

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Education

In Balochistan province, IRC is implementing two education projects: the "Teach and Educate Adolescent Girls through Community Help (TEACH)" project supporting out-of-school girls (ages 10-19) in Pishin, Qilla Abdullah, Noshki, Chaghi, and Kharan districts and the "Enrollment, Retention, Mainstreaming and Protection (ERMP)" project of Afghan Refugee and Host Children (ages 6-17) in Balochistan Government schools in Pishin and Chaghi districts...

Adapting to the situation the projects conducted a COVID-19 response in the project areas; awareness raising campaigns, distribution of dignity kits and distribution of IEC materials around preventive and response measures to COVID-19 and Violence Against Women and Girls, Psychosocial Support and safeguarding. The ERMP project also supported the provincial education department with the provision of PPEs and student screening.

Community girls were reached through a multi-layered approach that includes home-based face-to-face classes with 5,181 girls enrolled at 238 villages regularly attending home-based classes and 20,000 clients accessing radio lessons under the TEACH project.

The ERMP project is providing home based/ALP classes to 500 children, including 227 girls and 273 boys. Textbooks have been distributed among all enrolled children. Learning materials such as stationery, and recreational kits have also been distributed and parents/ caregivers are encouraged to engage children in recreational activities.

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Risk communication

To contain the spread of the Cornoavirus disease, IRC Pakistan relied heavily on Risk Communication. in the federal capital as well as target districts..

IRC's mass sensitization campaign, which aims at saving lives through risk mitigation was explicitly designed for Pakistan. Each message in IRC's campaign was carefully crafted using on-ground realities gathered from strategic partners and culturally contextualized to yield maximum effectiveness..

The messages were then signed off by government authorities to increase ownership. The messages have been disseminated using various mediums to ensure that they are accessible to individuals from all walks of life. IRC Pakistan's campaigns have been very well received, be that development of Pakistan's first animated transgender hero or billboards with contextualized messages. The key mediums utilized include:



- 1.Billboards
- 2. Rickshaw Branding
- 3.Radio
- 4. Robo Calls and Push Messages
- 5. Digital Campaigns
- 6.Animated Films
- 7. Television Advertisements
- 8.Interactive IEC Material
- 9. Tippy Tap Campaign

Joint campaign with National Disaster Management Authority

IRC Pakistan along with National Disaster Management Authority ran a national campaign on prevention of COVID-19 with the name of Nadir and Family. The campaign was shared across popular social media platforms including Facebook, Twitter, Instagram, and YouTube.

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Taking up the mantle

In times of crisis, people look up to individuals who can lead them from the front. Some take up the mantle to lead the way, as others trust and follow the leaders in their community to find some semblance of assurance in the wake of an unfolding crisis. The spread of COVID-19 has created a similar predicament, where community leaders around the world are taking up the mantle to make a difference. These are unsung heroes which often go unacknowledged and desire no recognition. Farzana is one such individual, who has been guiding her students in the wake of the COVID-19 pandemic.

Farzana is a teacher at an IRC supported Alternative Learning Program (ALP) Center in her village Killi Zareefazabad in Pishin District of Balochistan province. A while back Farzana had to deal with the dilemna

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of either continuing her education after completing secondary education or to support her family. She had little choice but to opt for the latter amidst her family's poor financial circumstances. This however became a blessing for children in her village once the COVID-19 pandemic was recognized as an active threat in her area.

Farzana had been teaching at the IRC supported ALP center run by IRC's partner organization SEHER in her village. After the COVID-19 pandemic resulted in a surge in

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nationwide cases, all education institutes were shut down in February 2020. During this time, Farzana aimed to tackle the dual challenge of continuing classes for her students, as well as to raise COVID-19 related awareness. This, however, was not easy, as the spread of the disease was coupled with the lax attitude of people in her village towards taking COVID-19 precautions.

Farzana started by instructing both students and parents to adhere to COVID-19 precautions, explaining the use of masks, hand sanitizers, and the frequent need to wash hands. She established ground rules as a precondition for her students to continue homeschooling by following COVID-19 protocols. Within a short period of time, Farzana was able to help students organize classes across different nearby houses while ensuring that only a handful of students attended each class, while

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while practicing social distancing and wearing a mask. She also provided students with hand sanitizers and masks to further reinforce the COVID-19 protocols. During the lockdown, Farzana taught 25 students by venturing to different community designated homes for classes. This was a tiring and at times, nerveracking experience for Farzana, as she reinforced COVID-19 protocols for students and by educating parents.

As lockdowns begin lifting across Pakistan and children return to school, Farzana is cautiously welcoming students back to IRC's ALP center, amidst a tight protocol.



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Farzana has taken up the mantle to lead the way to educate and protect children in her village from an invisible enemy. As she continues to ensure that children in her village are able to learn, even under the clout of a pandemic.



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Medical teams of MdM provide general appointments and sexual and reproductive healthcare consultations for displaced people and host communities at six health centers. Awareness-raising and health education sessions are delivered within the communities and during consultations, with particular attention paid to child vaccination and sexual and reproductive health. Community mobilisation has also been integrated into the programme, focusing on incorporating disaster risk reduction into the healthcare system.

Provision of Basic Emergency Obstetric and Neonatal Care (BEmONC) services for the most vulnerable among the crises affected population in KP/FATA, Pakistan

MdM supported Department of Health, KP in the provision of 24/7 BEmONC services (ANC, PNC, Deliveries, PAC, FP and referral) in RHC Gomal in Tank District, RHC Band Kurai in DI Khan District, RHC Naryab and THQ Thall in Hangu District of KP reaching 7,860 beneficiaries.

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Provision of Mental Health and Psychosocial support

515 women received mental health and psychosocial consultations in Tank, DI Khan, Hangu Districts of KP through focused interventions of MdM...

Awareness raising through health education sessions

7,686 people were reached out through health education sessions organized inside the four supported health clinics, as well as in the targeted communities of Tank, DI Khan and Hangu Districts of KP.

Health awareness raising in the community

1,413 people were reached out through health awareness raising community events through walks, seminars and school competitions in Tank, DI Khan and Hangu Districts of KP.

Capacity building of health professionals

Capacity building of 63 staff members of Department of Health and MdM staff was done on key



health related topics like IPC, MVA, PFA etc. in Tank, DI Khan and Hangu Districts of KP.

Capacity building of Village Health Committee members on health and DRR related topics

284 Village Health Committee members were trained on health and DRR related topics in Tank, DI Khan and Hangu Districts of KP.

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Fifteen handwashing stations were established inside and outside the four supported health facilities of Tank, DI Khan and Hangu Districts of KP, targeting 15,000 beneficiaries.

Increased awareness of targeted communities on Family Planning (FP)

2,385 community members (1,127 men and 1,258 women) were sensitized on FP with integrated concept of COVID-19 prevention through awareness raising sessions by MdM Social Mobilizers and FFWC members in project specified localities of Kot Khawaja Saeed, Darog-e-wala, China Scheme, Shadbagh, Mughlapura, Karol of Lahore district.

Corner meetings with community influential to mobilize the community

Meetings with 299 community members (150 men and 149 women) were carried out to mobilize the community for community awareness sessions. They were also briefed and sensitized on project specified thematic areas.



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7,686 people were reached out through health education sessions organized inside the four supported health clinics, as well as in the targeted communities of Tank, DI Khan and Hangu Districts of KP.

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Saving Lives



A 32-year-old Fouzia was brought to the 24/7 Basic Emergency Obstetric and Neonatal Care (BEmONC) center of Rural Health Center Gomal in Tank district in active labor. The BEmONC center is supported by Medecins du Monde (MdM) with the financial assistance of German Federal Foreign Affairs. Fouzia appeared to be in severe labor pain, and her high blood pressure made things more challenging.

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She came from a small village Kot Azeem in Tank District, located one hour from the health facility. She shared her previous experience of two miscarriages, both of which happened in her second trimester. But it was for the first time in her life, she came to the health facility for ante-natal consultation and delivery.

MdM clinical team received Fauzia and realized that she was expecting twin babies. Such a case is usually referred to be handled in a Comprehensive Emergency Obstetric and Newborn Care (CEmONC) set-up, considering the potential complications. However, there was no time for a referral as she was brought to the clinic at the last minute.

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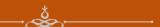
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The team informed the attendants of the patient about the situation and potential complications. The trained professional team of MdM, was able to handle the situation skillfully, and both babies were delivered safely within 20 minutes.

The medical team continued to observe the condition of the mother for another two hours before she became stable and later was discharged from the clinic. The next day, the team followed-up and learned that both babies and their mother were in good health and stable.

The family expressed gratitude for the services provided by MdM with dignity, respect, and care.







Muslim Aid Pakistan
serving humanity in disasters
and emergencies

Girls taking a class in Government Primary school in Mianwali- Muslim Aid

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Devastated rains and floods affected a large chunk of population in the province of Sindh in 2020. Muslim Aid Pakistan with the funding support of Muslim Aid HQ and implementing partner Kurram Welfare Homes, reached out to the affected districts of Sindh i.e. Mirpurkhas, Dadu and Karachi to conduct a Rapid Needs Assessment and established a partnership with Sindh government to facilitate the people affected in these districts. After securing NoC from PDMA Sindh, 1000 households were provided with

Food Packs and NFIs in District Mirpurkhas benefitting 5,500 individuals.

Winter support to most vulnerable communities

Muslim Aid Pakistan (MAP) under its Humanitarian Response programme has started providing support to the vulnerable communities of Sindh and Balochistan with a preemptive approach to save them from disastrous winters and snowfall

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emergencies. Muslim Aid with its implementing partner distributed winterized kits to 1,300 households of Districts Loralai in Balochistan and Mirpurkhas in Sindh in December 2020, which benefitted 15,193 individuals. 1,300 PPE kits were also provided to selected health facilities of above mentioned two districts along with the provision of winterized kits.

Disbursement of loan

Muslim Aid Pakistan is working for provision of Murahaba based Islamic Microfinance for the poorest of the poor communities in two districts of Chakwal and Rawalpindi presently. This support is being extended with the support of Muslim Aid HQ to the beneficiaries with easy installment procedure without interest. In the last quarter of 2020, loans were provided to 212 families and 1.484 beneficiaries in both districts who are successfully running their small busines and improving their livelihoods.

Rainbow Family Program

Muslim Aid's flagship Rainbow Family Programme encompasses a model that focuses on communitybased innovative solutions for the

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most vulnerable children and their families in Punjab (Murree, Rawalpindi), Islamabad, Sindh (Karachi), AJK (Bagh). The programme contributes and supplements the efforts for promoting access to education of foster and needy children. Through this programme, Muslim Aid catered to the needs of 536 children (237 Girls, 246 Boys) in 2020.

Building resilience by strengthening the community through Disas9ter Risk Management (DRM)

Building Resilience by Strengthening the Community through DRM is NDRMF's funded project that is being implemented in District Chagai and District Killa Saifullah, Balochistan. The project goal is to promote effective disaster risk reduction and improve the resilience of vulnerable population of Balochistan. Since the inception of the project 2,695 beneficiaries (1,415 males & 1,280 females) have been accessed through formation of Village Disaster Risk Management Committees-VDRMCs. Union Council Diester Risk Management Committees-UCDRMCs, School Disaster Risk Management Committees-SDRMCs and Training of VDRMCs.

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Punjab Education Foundation

The project objective was to bring children back to school in the flood-affected areas of district Mianwali in Punjab. Muslim Aid implemented the project in partnership with the Punjab Education Foundation (PEF). Currently, 284 children (161 Girls and 123 Boys) are receiving education in two Government Primary Schools located in Shareef Abad

Model Village School-I and Gandha Shareef (Model Village.

"Strengthening the access and quality of primary education in the public sector for local communities living in poverty and vulnerable situations" in Pakistan, in alignment with the Goal Target-I of SDG 4.



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Enabling women to lead health interventions in their communities

A woman stitching clothes in the Skill Development Center (SDC) in Tarnol - Muslim Aid

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Enabling women to lead health interventions in their communities



The drought in Balochistan has affected over 4.4 million people. Particularly, women and children remain in dire need of health interventions with a high incidence of communicable disease in the communities. As per the NDMA Assessment Report of October-November 2018, the crisis has led to an alarming rate of suicidal tendencies among women.

With an aim to complement Government efforts in providing immediate lifesaving and lifesustaining assistance,

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Muslim Aid Pakistan (MAP) has adopted an integrated Multisector Response Approach to tackle the effects of drought in 25 villages across three Union Councils (UCs); Ziarat Balanosh, Amuri, and Nokundi of District Chagai, located north-west of Balochistan. MAP has reached out to a total of 8,968 individuals directly and 9,600 indirectly, through an integrated response in Water, Sanitation & Hygiene (WASH), and Food Security.

In this regard, Muslim Aid Pakistan, in partnership with UN-OCHA, implemented the Pakistan Humanitarian Pool Fund (PHPF) Program working on an integrated approach with women in the community.

Hygiene tool kits were distributed in women older than 15 years of age, followed by a tutorial on its use and an elaborate hygiene session

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to information on reproductive health, critical hand washing times and techniques, menstrual cycle, and good menstrual hygiene. The sessions dispelled misinformation and superstitions about menstruation and hygiene and worked on building women's capacity for safe and hygienic practices.

40-year-old Fatima Bibi is a resident of Killi Fakeer Badaad, an impoverished village of Ziarat Balanosh. "When I would get my period, I stayed home until it ended. It's the same here for all women menstruating. They are not let near other people for they are considered unclean. For managing the menstruation, we have been using rags or leaves," shared Fatima Bibi.

With poor menstrual hygiene and an absence of toilets, health risks threatening her community posed a major challenge. MAP reached out to Fatima Bibi's village with its integrated approach as part of the drought response project.

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"When I would get my period, I stayed home until it ended. It's the same here for all women menstruating. They are not let near other people for they are considered unclean. For managing menstruation, we have been using rags or leaves,"

-Fatima Bibi

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Female social mobilizers of MAP led sessions on proper hand washing, health and hygiene practices, and use of sanitary pads or cloth during menstruation.

"Even our mothers refuse to talk about menstruation with us out of shame. But MAP's session has made us more knowledgeable and confident to talk about the subject. Now everyone knows what menstrual cycle is about. Even the girls who haven't reached pubescence now know what to expect, and we understand what to do. We will be practicing the taught health practices and would teach our families the same, too," said Fatima Bibi.

"All through the 40 years of my life, I have been unaware of basic hygiene and practiced open defecation.", she said.

Driven by the MAP session, Fatima Bibi's family saved money and built walls for a latrine. They plan to make a pit latrine very soon.

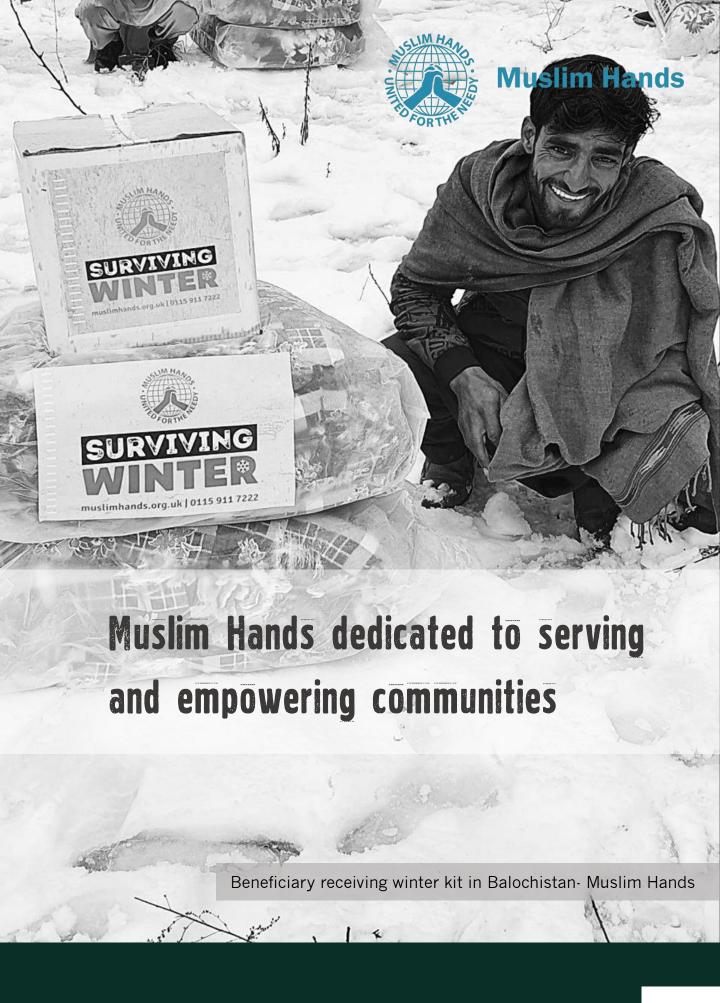
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"MAP's session has made us more knowledgeable and confident to talk about the subject. Now everyone knows what menstrual cycle is about. ," Fatima Bibi





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Hand washing promotion in rural communities

In response to COVID 19, Muslim Hands is implementing safe drinking water schemes in rural communities. Keeping in view the second wave of COVID-19 and to protect the communities from Coronavirus, Muslim Hands is promoting hand washing practices and conducting awareness sessions to aware communities about the symptoms of the disease.

Economic empowerment through solar based water pump scheme

Muslim Hands has been implementing 400 Solar Based Water Schemes in rural communities in three districts of South Punjab. By taking advantage of these schemes, rural women can engage themselves in Kitchen Gardening and can use water of the scheme to grow vegetables in their compound and contribute in family income.

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Food Security & WASH response in District Badin-Sindh

MH distributed 804 (20 KG) bags of flour among 150 families with the collaboration of Pak-Navy (logistics) in District Badin, Sindh. Earlier, 150 Tube Wells among same families. The donations have been given by MH core funds & Humanity Calling. In total 1,050 individuals are benefitted from this intervention.

Provision of clean drinking water

MH are providing sweet and clean water to most vulnerable communities of Sindh in District Badin, Noshero Feroz, Tando Muhammad Khan & Sujawal, at their doorsteps. A total of 800 tube wells are in process of installation, 5,600 beneficiaries will be able to get clean drinking water from this intervention. MH is continually taking efforts to change the hygiene practices of the community through conducting sensitization sessions. In total around 6,000 individuals have been sensitized through this intervention.

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Muslim Hands winter emergency response

Like every year, Muslim Hands Pakistan has launched Winter Campaign 2020-21 for this year's winter emergency response. So far, 900 winter kits have been distributed in different regions of Pakistan & AJK to combat the extreme cold winter.

The winter kits are specifically designed in view of prevailing weather and pandemic, including winter blankets, warm clothing

items and protective masks to provide people protection against cold winter, as well as to prevent COVID-19 infection.

Among the total of 900 winter kits, details of winter-kits distribution and target areas of KPK are explained as following:

- -1,300 kits distributed in KP including Swat, Kaghan, Balakot, Madyan & Pishmal
- -2,300 kits distributed in Ziarat Balochistan
- -3,200 kits distributed in Rawlakot-AJK
- -4,100 kits distributed in Wazirabad-Punjab

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Winter-kits have been distributed among widows, orphans, aged-people, poorest and persons with disabilities living in the target communities. In total 6,300 individuals and 900 families have benefitted.

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Strengthening livelihoods



Rehmat Ullah belongs to a poor family in Balochistan. He has four sisters and two brothers. His older brother earned only 2,000 per month, which is why he was unable to get education after doing matriculation. Rehmat Ullah applied for admission in hardware course in Muslim Hands Informatics, Quetta. After verification, he got free admission in DIT, hardware and networking courses and completed them in 2007.

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Muslim Hands Informatics provided him free technical education through Orphan Sponsorship Program. He was a position holder and after the completion of courses, MHI appointed him as a Lab Assistant in Aug 2007. He proved himself as an asset for the organization and is currently teaching DIT classes and earning 13,000 PKR per month to support his family.







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Pakistan has been adversely affected by the natural disasters causing massive damage to all means of livelihood. In order to provide firsthand support to impoverished communities of Pakistan, Qatar Charity has initiated several short-term projects funded by individual donors of Qatar. The basic purpose of these projects is to provide assistance for the immediate needs of targeted areas. It includes installation of hand pumps, provision of WASH facilities and income generation opportunities, social protection and capacity buildings in different fields.

Winterized tents

Qatar Charity supported the District Government and Social Welfare Department by providing 170 Winterized Tents and 1,200 Family Hygiene Kits among 1,370 families in response of monsoon floods in District Dadu-Sindh, targeting a total of 8,400 beneficiaries.

Distribution of food packages

In collaboration with the District Government and Social Welfare Department, 2,200 dry food packages were distributed among 15,400 individuals in response of floods 2020 in District Dadu, Badin and Mirpur Khas, Sindh.

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Qatar Charity celebrated the Global Handwashing Day in District Rawlakot-AJ&K, District Lower Dir-KPK, District Jhang, Shorkot, Muzaffargarh and Faisalabad-Punjab, in collaboration with District Government, Social Welfare Department and Education Department. Awareness raising sessions were conducted on the importance of hand washing and hygiene kits were distributed amongst the participants, targeting a total of 1,185 beneficiaries.

Plantation of Fruit Trees

Under Prime Minister's Clean, Green Campaign, 1,500 fruit trees were planted in District Jhang and Shorkot in Punjab.

Distribution of assistive devices, medical equipment & income generation projects in Punjab and Sindh, Pakistan

30 wheelchairs, 32 Medical Equipment (Blood Pressure Apparatus & Accu Chek Sugar Test Machine), 35 Hearing devices and 35 sewing machines were provided to 132 beneficiaries in collaboration with District Government and Social Welfare Department in District Shorkot, Jhang, Muzaffargarh in Punjab and district Badin, Tando Muhammad Khan in Sindh.

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WASH emergency response in communities affected by the COVID-19

Under WASH emergency response in communities affected by COVID-19 pandemic and resilience reinforcement in at-risk vulnerable communities in District Faisalabad and Jhang in Punjab, Qatar Charity installed 80 elbow operated hand-washing stations in health care facilities, schools and communities of Shorkot and Faisalabad. 60 Infection Prevention Control (IPC) kits were distributed in Faisalabad and Jhang.

Moreover, 20 electric water coolers with UV filters have been installed, 250 Menstrual Hygiene Management (MHM) kits and 11 School WASH kits were distributed in schools.

10 key messages regarding COVID-19 symptoms and prevention were broadcasted on local government radio



In Punjab, in collaboration with District Government, Social Welfare Department and Education department, targeting a total of 100,000 beneficiaries.

main roads, highways and on

different road conjunctions in

District Jhang and Faisalabad

Establishment of orphanage-Sweet Home

In collaboration with District Government and Bailt-ul-Mal, Qatar Charity has constructed an orphanage (Sweet Home) in district Mirpur Khas-Sindh, with fully equipped space for 100 children including a playground.

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Construction of a water pond to improve access to water

Water pond constructed in District Shorkot, Punjab- Qatar Charity

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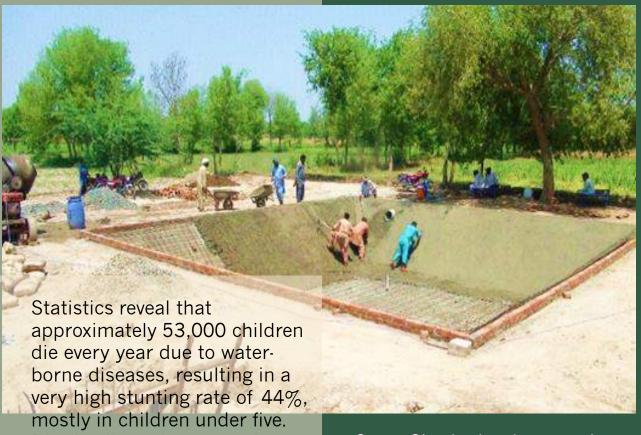
Spotlight



Stories of Impact

Construction of a water pond to improve access to water





District Jhang is among the poorest districts of Puniab and is ranked 5th from the lowest in the province in terms of unavailability of safe drinking water.

Qatar Charity implemented water & sanitation project in Tehsil Shorkot, District Jhang, in collaboration with UNICEF, Accelerated Sanitation & Water for All (ASWA-II) from 2018-2020.

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District Jhang is challenged with extremely poor quality of drinking water. 40 % of the population has limited or no access to sweet drinking water, as most of the underground water is saline and marshy and is not fit for drinking purposes.

Village 489-JB is one of the villages located in Shorkot, where underground water is not fit for drinking purposes. The people of the area fetch water from a nearby canal which is mostly the responsibility of children and women, resulting in waste of time and resources.

Due to unsafe drinking water, there was a prevalence of common diseases including diarrhea, vomiting, typhoid and skin and eye allergy. The great pie of the total expenditure is spent on medical treatment cost.

Keeping in view the dire need of clean drinking water in the target village, Qatar Charity constructed a water pond in the same village with total project cost of 32,500 QAR. The slow sand filter mechanism is used in construction of water pond, in which water is collected from a nearby canal and is passed through series of filtration galleries.

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"My friends and I are now able to spare time to play cricket and not worry about bringing water on motor bike. We happy to have water at our doorstep"-Local student

The total population of 174 households and 977 beneficiaries are benefitting from clean drinking water on sustainable basis. Women and children are the main beneficiaries of the project, as now they do not have to travel miles to fetch clean drinking water for their households.

Now children have quality time to spend on the studies, while women also spend time in other productive household tasks, thus resulting into improvement of their quality of life.





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Save the Children helping children fulfill their potential



Children receiving relief items from Save the Children

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Distribution of Hygiene Kits in target districts

Extended school closures and restrictions on social gatherings made distribution of hygiene kits quite challenging. Therefore, Save the Children (SC) collaborated with Education Department and Social Welfare Department, in Karachi, Larkana, Daddu, Shikarpur, Jacobabad, Khanewal, Toba Tek Sing, Lahore and Islamabad Capital Territory (ICT). A total of 102,900 beneficiaries were targeted in the campaign.

Rehabilitation and construction of hand washing stations

SC has completed construction of accessible handwashing stations in 174 schools at government and community level in Karachi, Larkana, Daddu, Shikarpur, Jacobabad, Khanewal, Toba Tek Sing, Lahore and Islamabad Capital Territory (ICT).

KAP survey

SC undertook a Knowledge, Attitudes and Practice (KAP) Study related to hygiene and WASH practices, as a learning exercise to identify knowledge gaps among children and their families in

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in Karachi, Larkana, Daddu, Shikarpur, Jacobabad, Khanewal, Toba Tek Sing, Lahore and Islamabad Capital Territory (ICT), targeting 450 beneficiaries. This survey covered nine HBCC targeted districts and 450 individuals were interviewed. The findings pointed toward a strong correlation between social distancing practices and access to information (mainly through TV) as this enabled communities to learn more about COVID-19 itself.

Roll out of safeguarding & accountability mechanism

SC Pakistan has incorporated safeguarding and gender equality objectives throughout the project lifecycle. A network of safeguarding focal points was set up with nominees from each partner organization and 144 participating schools. SC currently has 240 Safeguarding Champions who are responsible for reinforcing safeguarding messages and contributing towards safer distributions in Karachi, Larkana, Daddu, Shikarpur, Jacobabad, Khanewal, Toba Tek Sing,

Lahore and Islamabad Capital Territory (ICT) targeting 240 beneficiaries.

Community mobilization

Remote community mobilization model was developed for community awareness on COVID-19 prevention, early child marriages, improvement in education, formation of Village Education Committees (VECs) and Safe Back to School Campaigns to decrease school dropout. The project targeted 14, 000 beneficiaries.

Accelerated Learning Centers (ALCs)

SC in collaboration with Government of Sindh, and district government of Shikarpur, established distance learning model for children of ALCs through WhatsApp and cell phones in Shikarpur, Sindh. 70 ALCs were established under this project.



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SC, in collaboration with Social Welfare Department and district line departments in Dadu, Larkana, Shikarpur, Jacobabad, Toba Tek Singh and Khanewal provided protection support to 4,455 children (2,764 boys and 1,790 girls) through six Child Protection Units (two in Punjab and four in Sindh). These CPUs register cases of children who need different protection services. Based on referral mechanism system, the

registered cases were referred to different government line departments who are party to interagency protocols for the required support.



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Training of teachers on COVID-19 and WASH

In collaboration with the Education Department and other HBCC partners, SC trained 335 school teachers on COVID-19 and WASH. The main objective of these trainings was to create awareness about the pandemic and promoting hygiene and behavior change among school children. These trained teachers are now imparting key messages among school children and parents. The Education Department staff will continue to facilitate refresher trainings in project area of Karachi, Larkana, Daddu, Shikarpur, Jacobabad, Khanewal, Toba Tek Sing, Lahore and Islamabad Capital Territory (ICT).

Girls' education and reduction in the early child marriages

Learning and Hygiene kits were distributed in 2,300 enrolled children of ALCs, community members, and WASH facilities in Shikarpur, in collaboration with Government of Sindh, and district government of Shikarpur.

Mass media campaign

Mass media activities of SC are creating awareness in the general public by broadcasting audio, video and IEC material through digital forums including TV, Radio, print media (banners & leaflets etc.) in collaboration with Education Department. The main objective of these media awareness activities is to raise awareness on roles/responsibilities of individuals on social distancing and hygiene practices, sensitizing parents on extending psychosocial support to children, reaching out to inform women and their families on prevention and control measures for pregnant/lactating women and specialized communication to address the needs of most vulnerable communities in response to COVID-19.

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The campaign reached out to 34.6 million beneficiaries in Karachi, Larkana, Daddu, Shikarpur, Jacobabad, Khanewal, Toba Tek Sing, Lahore and Islamabad Capital Territory (ICT).

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Changing paths

Save the Children

Salma Ashiq reading a book in her class- Save the Children

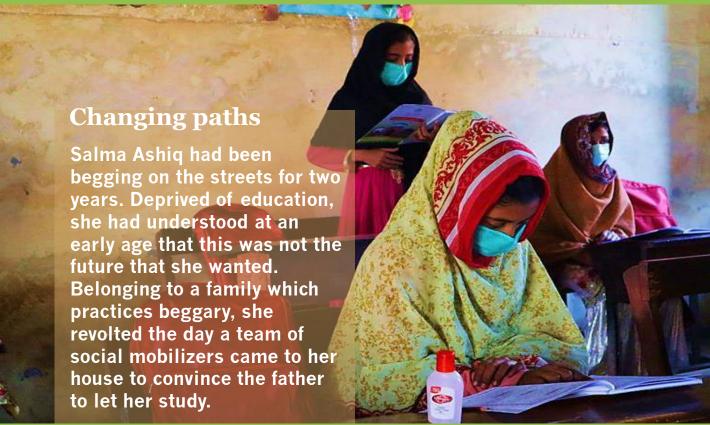
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There was immense pressure from the community surrounding the ALC; it was demonized by people who believed that their income would be affected if their children

would study rather than earn money on the street through begging - a deep rooted mindset which seemed impossible to change until social mobilizers from Save the Children and their implementation partners initiated the dialogue.

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Through numerous meetings with community members, elders, and families, slowly and gradually, the team was able to convince a few families to send their girls to the ALC under the supervision of the learning facilitators.

Salma Ashiq had been begging on the streets for two years. Deprived of education, she had understood at an early age that this was not the future that she wanted. Belonging to a family which practices beggary, she revolted the day a team of social mobilizers came to her house to convince her father to let her study.

Stories of Impact



"When we were establishing the ALC, people would taunt us by saying we are building an institution where we would take away their girls and leave the families on the streets" – Mahira Memon (Learning Facilitator – ALC Lemo Jogi).

"I did not want her to study, we would starve otherwise, how do we afford food? These were the thoughts that crossed my mind, so I said I would send her to study for a few months, if she can write my name on a piece of paper after that, I will allow her to continue her studies", said Ashiq Ali, father of Salma

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Salma took it upon herself to make sure she breaks the cycle of beggary in her family. Within a short span of time, she wrote the name of her father and family members on a piece of paper, solidifying their trust in what she was doing.

"He drops me to the ALC himself. Infact, in the morning he is the one who teases me and says don't you have to go school today, why are you sleeping?" she said.

With the passage of time, Salma convinced her father to give up beggary as well. Ashiq Ali now works at a motorcycle repair shop in the city where he earns a dignified living.

"It is all her, she is the one who showed me a better way to live through her conviction to study" Ashiq Ali said.



"It is all her, she is the one who showed me a better way to live through her conviction to study" — Ashiq Ali

Salma dreams of becoming a doctor one day and says "I will treat everyone in my village for free". Salma could not contain her excitement at the prospect of teaching other girls like her.

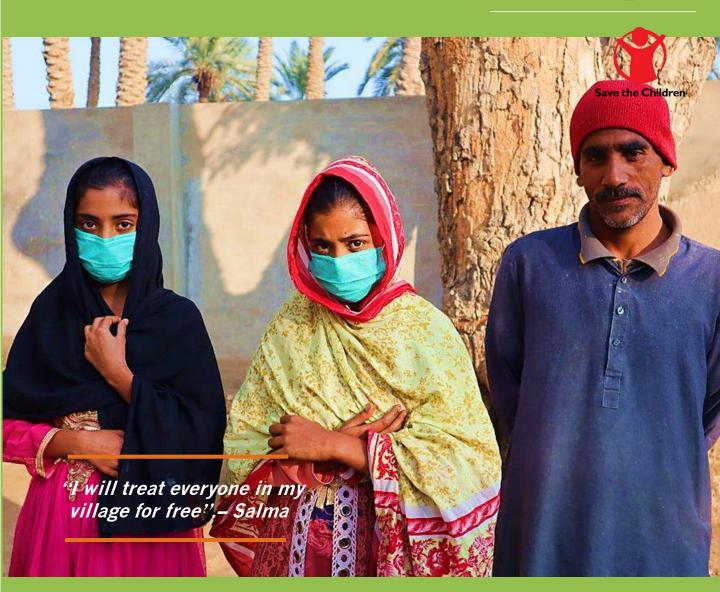


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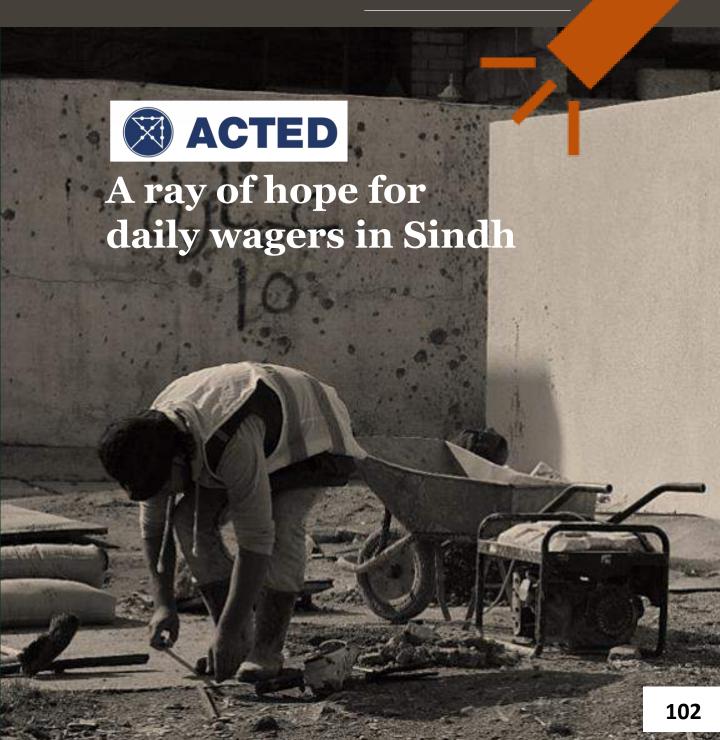
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A ray of hope for daily wagers in Sindh



50-year-old Safooran lives with her three children in village Bheenriyo Bheel, in District Umerkot, Sindh. Despite being swamped with responsibilities of domestic work, looking after her children and fetching water from long distances, she also works as a daily wage labourer for road construction. Her day is spent toiling under the blistering heat, crushing stones and melting pitch.

Stories of Impact



Working under the scorching heat of the sun has made her life quite arduous and challenging. Since such a labour opportunity is only available in urban or semi-urban areas, far away from where she lives, Safooran spends most of the day out of the house to meet the basic needs of her family.

Owing to the long distances, she has no choice but to celebrate Holi (religious festival of Hindu community) away from her loved ones. Explaining the challenges of the pandemic, she said that due to Cornona virus and subsequent lockdowns, there was no work opportunity available the entire community faced problems regarding income generation and providing meals to the family.

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"I went there and received cash assistance of PKR 21,000. Words are insufficient to express how I felt at that moment. It was like a ray of light in the darkness of my life".

Safooran





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Community volunteers turning compassion into action

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Ayaz Ahmed hails from village Basti Gopang, district Muzaffargarh and is a Team Leader of the Union Council Disaster Management Committee, UC Juggi Wala. 30 years old Ayaz is married, has a 2-year-old son and lives in a joint family system with ten other household members including his parents and siblings.

He works as a dispenser in BHU Jhuggi Wala and is also a volunteer in government's Corona Tiger Force.

Under the BDRP programme, Ayaz participated in the refresher sessions on Hazard, Vulnerability, Capacity & Risk Assessment (HVCRA), basic

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life-saving skills and COVID-19 prevention measures. He took a keen interest in the COVID-19 session and was very excited and interested to learn about its symptoms and precautionary measures. Soon after the awareness sessions, Ayaz motivated his like-minded fellow community members and developed an active volunteer group. This group of volunteers from different hamlets worked with the mission to create awareness against social stigma associated with the Coronavirus, as well as addressing common misconceptions/myths related to it.

Ayaz led the group of volunteers and visited fifteen houses a day to deliver door-to-door sessions, using the guidelines shared in the VDMCs refresher and COVID-19 training. He also demonstrated hand-washing practices during each session with men, women and children. Ayaz has delivered 350 sessions in his hometown of 1,600

Stories of Impact



people to help prevent the spread of COVID-19. As a result of his campaign efforts, the villagers started using face masks, ensured protective hygiene practices and social distancing to effectively respond to the pandemic.

"There were huge misconceptions in the village regarding COVID-19. The door-to-door sessions have helped dispel misinformation about the disease while promoting precautionary measures like frequent hand washing and wearing masks among the community. Under BDRP programme, the COVID-19 banners carrying similar messages are also placed at the public places which help in the reinforcement of the message", says Ayaz Ahmed.

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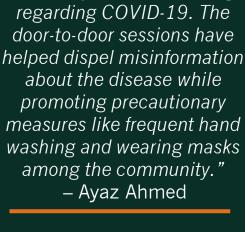


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CONCERN worldwide

Due to the tireless efforts of Ayaz and his team of volunteers to address the myths associated with the disease, a sense of responsibility was instilled among the community members and they were able to stay safe during the current pandemic.



"There were huge misconceptions in the village





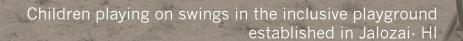
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Inspiring children to participate through inclusive play spaces



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Inspiring children to participate through inclusive play spaces

In Peshawar, neither boys nor girls get a chance to play outdoors. This is primarily because of lack of play spaces. During the Child Photo Project baseline, discussions revealed that most children cannot access playgrounds as they are too far away from their homes, and that playing in the street is limited for boys, whereas girls can only play at home.

Both boys and girls reported that they had limited time to play because of schoolwork and long distance of the playground from their home. They further shared that children with disabilities cannot access the playground. Those who are visually impaired have a high chance to fall and sustain injuries, and those who are wheelchair bound cannot enter the playground because the entrance is too narrow.

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Considering the findings from the discussions with children during the Child Photo Project and community consultations, it was analyzed that children in the targeted communities don't have playgrounds close to their homes and play spaces are not accessible for children with disabilities. Therefore, an idea of inclusive playground was presented to fulfil the gap. Learning through play and child participation are the key pillars of the Growing Together project.

A suitable site was identified, which was accessible and safe. The vacant plots in the village premises were not easily available. Community's willingness to convert them into 12 playgrounds was another consideration.

Finally, in Jalozai, the plot adjacent to Rashid Shaheed Foundation school was offered

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for the pilot playground, which was further assessed for child protection and accessibility point of view. Detailed consultations with children and community members were held for the design, and an international consultant was engaged to build a design based on children's feedback. The consultant also led the construction of the ground along with the local vendor and built the capacity of the local vendors on accessibility and inclusive standards.

Different events including sports were held in the playground to raise awareness and sensitize communities on inclusive spaces. The school's security guard shared that "there are lot of families who come in the evening with their children and enjoy the playground".

Similarly, school children were very happy to have a space for just play and fun and to enjoy their breaks. At times, the teacher brings classes out in the playground for some activity

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-based learning which further motivates children further helps more children to attend school. A local school teacher shared that' "this playground helped us to retain our students and attendance become regular. Children wait for their turn to play in the ground, moreover, it is also helpful for teachers to create interest in students through activity-based learning".

"there are lot of families who come in the evening with their children and enjoy the playground

— School security guard

The playground is usually very busy, where children from adjacent areas visit and play. Community members, especially mothers are happy,

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because they have a place where they can spend some time with their kids. Families are more supportive of children playing outside; mothers also enjoy the swings along with their children and feelrelaxed.

For maintenance and management of the playground, a committee was formed which has members from community

adults, children and school. The committee's role is to ensure that playground has a safe environment and is clean and accessible to all. The committee is also responsible to repair any broken equipment.

This pilot playground helped generate discussion among other communities and possibility of establishment of more playgrounds.

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Community members identified more sites, where design is prepared with support of international consultant and implemented through local vendors. This is done with the support 8985of HI Engineer, who has been integral in sharing

the knowledge and providing technical guidance to local community, schools and landowners. A total of 8 playgrounds are established at community level and handed over to the communities. Similarly, three playgrounds were established in Hayatabad Education Complex, Deaf school for Boys and Government institute for Blind keeping in view the children's needs.



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Improved sanitation in rural Tharparker, Sindh

Village Sarah is one of the rural, remote areas of Tharparkar, in Sindh province, where annual drought and famine spells force thousands of families to migrate in search of food & water for their families and livestock.

The wells get drier and women carrying infants walk barefoot for miles on sand dunes in scorching heat of more than 50 degrees Celsius in search of water. It is a full day exercise for a few liters of water-that too insufficient to last for a whole day. Lack of water leads to poor sanitation and contamination subsequently causing transmission of diseases like cholera, dysentery, typhoid etc. Insufficient or inadequately managed water and sanitation facilities and services expose individuals to a host of health risks which in many cases are preventable.

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Children and young people are often the most severely affected by inadequate sanitation and open defecation practices. By virtue of their developing immune systems, they are affected by numerous illnesses and conditions ranging from physical and mental stunting to cholera and malnutrition. When considered at the scale of drought-hit Tharparkar, this means thousands of children in the district suffer from the various physiological complications that arise from open defecation and inadequate access to sanitation facilities.

Same is the story of Ghulam Haider, a resident of Sarah Village in Tharparkar who lives in a thatched hut with his wife and four children. He narrates his story "our community had no concept of toilet/latrine, we all (men, women & children)

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practiced open defecation; defecating in open fields or bushes. Our girls and women had to travel to far-off distances to search for an abandoned place or bushes to defecate, because of which they had to wake-up in the dark early in the morning or wait till the sun sets to meet their needs".

Moreover, the villagers had no information on handwashing with soap as normally they used only water or ash to wash their hands and majority never washed their hands before cooking, having a meal or feeding children.

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Villagers never considered personal or domestic hygiene important for their health and lives, the food remained uncovered, and water containers were never cleaned. Resultantly, children, young boys and girls suffered from diarrhea and cholera most often.

"We practiced traditional ways of feeding soup or water to a diarrheal patient, as the nearest health facility is more than 50 miles away from this village. We have lost many children, young boys and girls fighting against cholera, diarrhea, and malnutrition. We always considered it as a matter of fate and divine will that we could not resist or fight but now we have realized that we were responsible for all those losses and we could have saved many lives if we were aware earlier", Lalan Ghulam's wife narrated with a broken voice.

Stories of Impact



For girls and young women, the lack of access to private latrines and toilets also rendered them vulnerable to violence, number of snake-biting incidents and depriving them of a healthy and productive life. This is not only a major public health concern but a vital human rights issue as well.

"We have been living in darkness and have paid the price in terms of our health and lives.

Our lack of awareness and unhealthy hygienic practices caused us to suffer, but now we have learnt. Every household has its own private toilet, our children always practice handwashing with soap. We feel safer and protected; we have learned the true essence of cleanliness" -Ghulam Haider

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Human Appeal has trained local villagers as masons on construction and rehabilitation of latrines and trained selected young girls and boys as community resource persons on health & hygiene awareness. The selected local group is a great resource pool to make communities self-reliant and self-sustained. They not only share the same language and culture, but their community members also feel comfortable consulting with them when needed.

"We have lost many children, young boys and girls fighting against cholera, diarrhea, and malnutrition. We always considered it as a matter of fate and divine will that we could not resist or fight but now we have realized that we were responsible for all those losses and we could have saved many lives if we were aware earlier."-Lalan

Stories of Impact





Post-KAP (Knowledge, Attitude and Practices) survey of Human Appeal further analysed project results and indicated that 100% of the households had now access to toilets as compared to just 3% before the project. More than 90% households had improved behaviour change towards handwashing with soap and around 96% reported covering their drinking water and eatables appropriately. Based on memory recall of last one month, the incidence of diarrheal cases was reduced by 21% after the project. Further, 100% of the households are aware and practiced feeding ORS to diarrheal patients.

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With this initiative, Human Appeal has achieved the aim of empowering rural communities through improved sanitation & hygiene practices in one of the targeted villages. The programme was acknowledged by the local government which awarded the village with an "Open Defecation Free (ODF)

Village Certificate".

According to 2017 Joint Monitoring Report, two third of the households in Tharparkar do not have access to toilet facilities, which means an approx. 1.1 million people are in need of toilets.



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The initiative of Human Appeal was acknowledged by the local government which awarded the village with an "Open Defecation Free (ODF) Village Certificate".

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One humid September evening, in a remote Union Council (UC) of District Sanghar, Sindh, Pakistan, just when I was about to take a glass of water from a woman, a five-year old girl standing next to me shrieked, "Mummy, let's sanitize his hands first." Without waiting for my consent, she gestured me to take a small amount of sanitizer

on my palms to disinfect my hands. Meanwhile, she asked all those who shook hands with me to follow suit. The focus of her conversation during the entire ritual centered on the importance of hygiene in routine life and especially during pandemics. She sounded as articulate and confident as any professional hygiene expert practicing in Paris, Berlin, or New York.

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The province of Sindh is situated in the South of Pakistan. This little girl was Pankhudi, a resident of Jam Nawaz Ali – one of Sanghar's most underprivileged talukas (tehsils). Rasheed Khan Marri, a remote village in UC Hout Wassan of Jam Nawaz Ali is her entire universe. When a Hygiene Promoter of Malteser International Pakistan informed her about the deadly hazards of COVID-19, she felt her 'universe' was about to collapse. Hence, she took upon herself to save the lives of her near and dear ones.

Since the emergence of COVID-19 earlier this year, Pankhudi has repeatedly instructed everyone in her village to maintain social (physical) distance and to wash hands with soap frequently. "In our home and the entire nearby neighbourhood, when Pankhudi orders, everybody obeys," told Rajia, Pankhudi's mother while giving this scribe a glass of water.

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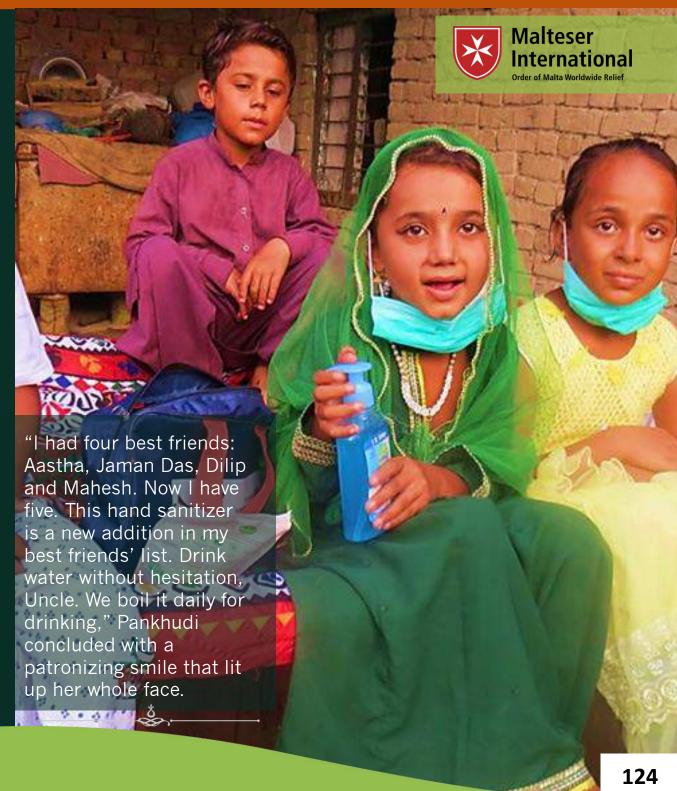
It was under Rajia's strict guidance that Pankhudi had already been adhering to a hygienic routine when the Malteser's project team visited village Rasheed Khan Marri and distributed hygiene-kits in addition to conducting awareness sessions on COVID-19. In all, 4,000 hygiene kits have been distributed so far among as many households under this project.

Contents of the hygiene kit aided Pankhudi's family and other villagers in adapting hygienic practices. "Don't you worry Sir, we'll continue using these useful items when the ones distributed by the Malteser are finished. I'll work extra hours to buy them even though they will be of inferior quality," pledged Saroop Chand, Pankhudi's father who is a labourer.

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Transforming lives through Orphan Support Programme

A deserving child receiving support from HHRD

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Spotlight



Transforming lives through Orphan Support Programme

Sharafat Ali belongs to Madian Swat and lives with two brothers and four sisters. His father died in his childhood and his elder brother bore all household expenses. It was a very challenging time for his family because the earnings were not enough to fulfill basic needs of his family. When Sharafat was in Grade-VII, he was enrolled in Orphan Support Program (OSP) as a Sponsor Child, after which he received food/ration packages and cash grants that helped him continue his education and meet his expense.

He was overjoyed when Helping Hand for Relief and Development (HHRD) team ensured continuation of his education. Thus, in 2011, he was adopted by Orphan Support Program of HHRD. He was a bright student and worked hard

Stories of Impact



to pass the Matriculation exam in 2013 with A grade. He was able to continue his education in 2015 and passed Intermediate, yet again with flying colours, scoring an A Grade, that landed him a scholarship in Helping Hand Institute of Rehabilitation Sciences (HH-IRS), Mansehra. He completed Doctorate of Physiotherapy (DPT) with 3.64 CGPA.

Sharafat Ali is a bright and happy young man. Expressing gratitude to the team of HHRD, he said, "it is a great pleasure for me that the donors of Helping Hand for Relief and Development have sponsored me, and thousands of other children like me to help them fulfill their dreams. May Allah Almighty give the best reward for this act of kindness."

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9,000 children are sponsored under the Helping Hand for Relief and Development's Orphan Support Program and many of them are serving humanity across Pakistan after completing their education. Twelve children are currently serving as doctors after doing MBBS. Thirty-five have become engineers, while about seventy are working as teachers. In addition, many are working in the Pakistan Army, police and other government institutions.



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"it is a great pleasure for me that the donors of Helping Hand for Relief and Development have sponsored me, and thousands of other children like me to enable them fulfill their dreams. May Allah Almighty give the best reward for this act of kindness." —Sharafat Ali



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A dream come true

High up in the hills of Janial, a remote village of Mirpur, Azad Jammu and Kashmir, nine-year old Nayab Mehfooz lives with her parents. Her father is a shopkeeper in local market, while her mother is a housewife. Nayab has lymphatic disorder, and her muscles are weak, which means that she never enjoyed a 'typical' childhood. "I cannot run or jump or play on the swings. I have weak legs." She says

Nayab's limbs did not function normally, due to which she was incapable of walking independently. Every day her mother used to carry her to school. Due to expensive medication and health procedures, Nayab's family was unable to continue her treatment. Now she is nine years old and her urge to walk is growing with her.

Stories of Impact





"I cannot run or jump or play on the swings. I have weak legs." —Nayab Mehfooze

Under Islamic Relief's Mirpur Earthquake Emergency Response, Nayab has been treated and provided with orthotics. Now Nayab is able to walk and can participate in games with other children and is excited to go to school.



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Securing survival during the Covid-19 pandemic

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Anwar Mai is a 50-year-old widow with three sons and five daughters, all of whom are married. She is a resident of Village Janda Gopang, UC Khan Garh Doama Tehsil, Ali Pur District, Muzaffargarh. Her village is situated in band area of Indus River which is highly prone to floods. During mid-level flood in Indus River, she lost two Kanals

Of agricultural land due to land erosion, which was the key source of livelihood for her family. Unfortunately, she also lost her house later in the 2015 floods. After losing their mud house, her family members decided to work as daily wagers. Anwar Mai started agri-labour in the nearby area along with her sons, while her husband decided to go to Karachi to work as labourer in Korangi

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area. Gradually, the financial condition of the family improved, but during the same year her husband suffered from liver and kidney problems, and his condition rapidly deteriorated. Soon after, he passed away, leaving her as the head of her family. Anwar Mai worked day and night, as her children grew and got married. For the past year, she has been living with her older son Akbar, who is also a labourer.

Life became hard again when heavy rains, storms and flood ravaged the wheat crop on farmlands where they were working. One disaster followed another and to make matters worse, Coronavirus pandemic broke out in March of the same year; the government imposed strict lockdowns in Karachi, which forced her family to move back to their residential village.

They found it hard to make ends meet due to non-availability of agri and other labor in surrounding areas.

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It was then that the team of Doaba Foundation visited their village and the village Disaster Management Committee nominated Anwar Mai as one of the beneficiaries of cash grant of PKR 7,500, which made it possible for her to purchase food items.

"This was the happiest moment for me in the last 6 months, because I was able to provide timely food to my family. ", said Anawar Mai, with tears in her eyes.

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